

Chapter 1 Introduction to Oscillations 1

1	Contents	
2	1.1 A Brief Introduction	3
3	1.2 Oscillations in the Natural World	4
4	1.3 What you Already Know	6
5	1.3.1 Mass on a Spring.....	6
6	1.3.2 An aside concerning Energy.	9
7	1.3.3 Mass on 2 Springs.....	10
8	1.3.4 Floating Bob Wave Energy Convertor	10
9	1.3.5 The Pendulum.....	11
10	1.3.6 Water in a U-tube	12
11	1.3.7 Diatomic Molecule.....	13
12	1.4 Some Underlying Mathematics	15
13	1.4.1 Various ways to express harmonic motion	15
14	1.4.2 Linear and Non-linear Systems, Superposition	16
15	1.4.3 An Alternative view of the ODEs	17
16	1.4.4 Initial Conditions and Superposition	18
17	1.4.5 Oscillations near bottom of Potential Well	19
18	1.4.6 Extending the ODEs: Damping.....	21
19	1.5 Energy	23
20	1.5.1 Basic Ideas	23
21	1.5.2 Energy Equation.....	25
22	1.5.3 The Energy Integral and calculation of Period	26
23	1.5.4 Why the Quadratic Potential is Special	27
24	1.5.5 How to deal with a General Potential Function	29
25	1.5.6 Oscillations around a General Potential Minimum	30
26	1.6 The Phase Plane.....	32
27	1.6.1 The Concept of the Phase Plane.....	32
28	1.6.2 The Phase Plane for our undamped oscillator	32
29	1.6.3 From a 2 nd -order ODE to the Phase Plane.....	34

1	1.6.4 Phase Plane for a non-linear oscillator	37
2	1.7 The Complex Number Approach.....	39
3	1.7.1 The Rotating Vector Representation	39
4	1.7.2 Vectors and Two special rotations.....	40
5	1.7.3 The Complex Exponential	42
6	1.7.4 Linking with Simple Harmonic Motion.....	43
7	1.8 Damped Harmonic Motion	44
8	1.8.1 A Straightforward Approach	44
9	1.8.2 An Alternative Approach.....	47
10	1.8.3 The Geometrics – Phase Angles.....	48
11	1.9 Forced Damped Harmonic Motion	50
12	1.9.1 Some Experimental Results	50
13	1.9.2 How to force an oscillator.....	51
14	1.9.3 The Steady-state Solution.....	52
15	1.9.4 The Force Balance Analysis.....	56
16	1.9.4.1 Fast Driving	57
17	1.9.4.2 Slow Driving	57
18	1.9.4.3 Driving at Resonance	58
19	1.9.5 Designing for Resonance.....	59
20	1.9.6 Difference between DHO and Driven-DHO	60
21	1.10 Forced Oscillations - Powers.....	60
22	1.10.1 The Concepts of Reactance and Impedance.....	61
23	1.10.2 Power Delivered and Consumed by the DHO.....	63
24	1.11 Some Examples	68
25	1.11.1 Mass suspended from a Rubber Band	68
26	1.11.2 A Piezoelectric Energy Harvester	73
27	1.11.3 A Multi-Piezoelectric Energy Harvester	75
28	1.11.4 The ‘Gravity Tube’	76
29		

Chapter 1

Introduction to Oscillations

1.1 A Brief Introduction

This chapter lays down the basic physics concepts and mathematical language and tools needed to understand the phenomenon of oscillation. Subsequent chapters will apply this material in several interesting scenarios, but we need to start with the basics. We use the term ‘oscillation’ to refer to a device or system which has a ‘periodic motion in time’, by which we mean that if we make an observation at a certain time t then at a later time $t + T$ and then at an even later time $t + 2T$ then the observations will be identical. Think of a rotating machine such as an electric motor or a car engine; their shafts return to their initial place (angle) some 2000 – 3000 times per second. So if we measure some property y of the system over time and find that

$$y(t + T) = y(t) \quad (1)$$

then the system is oscillating with period T in seconds. The frequency of oscillation is just $1/T$ in Hertz.

You may have already studied a mass hanging from a spring, and you know that it oscillates up and down, returning to its starting location at regular intervals T secs. You may also have learned that the position of the mass follows an expression like this

$$y(t) = A \cos\left(\frac{2\pi}{T}t\right) \quad (2)$$

though some folk use the sin function. But this is not the only way to represent these oscillations. You may have seen in a more enlightened text the use of complex numbers with an expression like this

$$\hat{y}(t) = \hat{C}e^{i(2\pi/T)t} \quad (3)$$

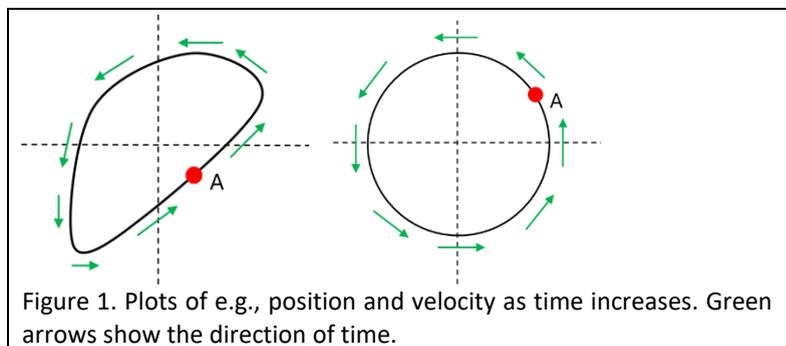
Don’t worry, we shall explain what this means in detail in **section ??**. The thing is that some authors suggest that when you see eq.2 then you ‘see’ in your mind an oscillating system, whereas when you see eq.3 you do not, and therefore eq.2 is preferred. This is

1 nonsense since what you ‘see’ depends on your learned experience
 2 of the maths. In this chapter we shall make extensive use of
 3 complex notation.

4 There is also another limitation of many texts which make almost
 5 exclusive use of the sin or cos function in their discussion without
 6 any rationale for this choice. As we shall see in section 2 when we
 7 look at traces of oscillation in the real world, we do not see any
 8 simple sin or cosine functions, but the traces have more complex
 9 shapes.

10 And there’s a third limitation. Most texts discuss ‘linear’
 11 oscillations and therefore lead us to believe that most real-world
 12 oscillations are linear. This is an illusion, and will be addressed in
 13 section??

14 When we describe oscillations, we usually draw a graph of some
 15 property against time, e.g., the height of a car above the ground
 16 when it bounces after travelling over a bump. We shall see lots of
 17 these graphs below. But there’s another way of plotting oscillations
 18 shown in Fig.1. Here we plot a pair of variables (such as position
 19 and velocity) on a closed curve. Time is represented implicitly as
 20 the system travels around the curve. During one cycle of oscillation
 21 of period T secs, the oscillator will start at point A, go around the
 22 curve as shown by the arrows, and return to point A. It turns out
 23 that all oscillators can be described like this. In some cases the
 24 curve approximates a circle quite closely, we shall see this in
 25 **section ??**.



26

27 1.2 Oscillations in the Natural World

28 Figure 2 presents a selection of oscillations we may observe in the
 29 natural world; note that most of these do not have a sine waveform.

Chapter 1 Introduction to Oscillations 5

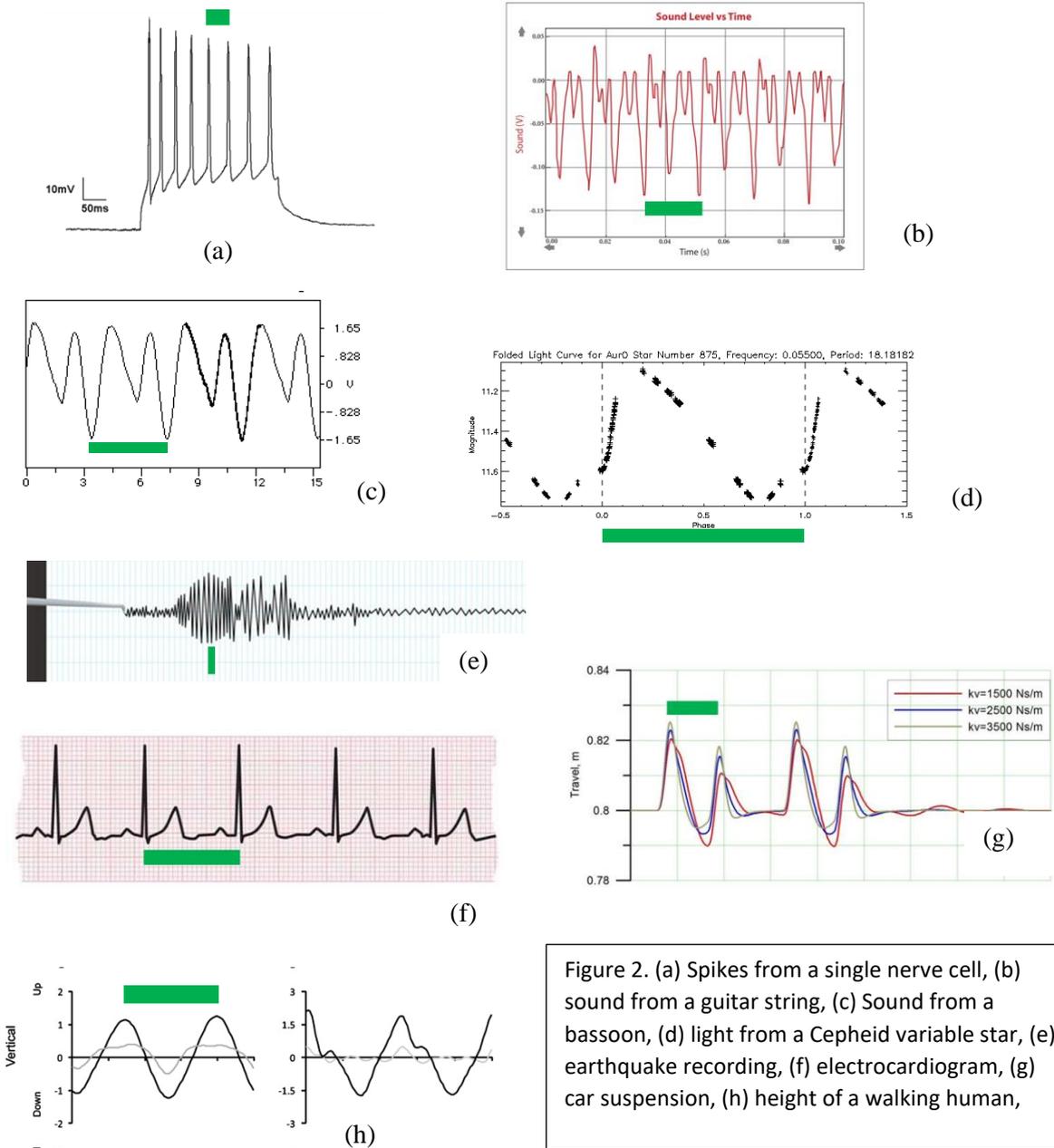


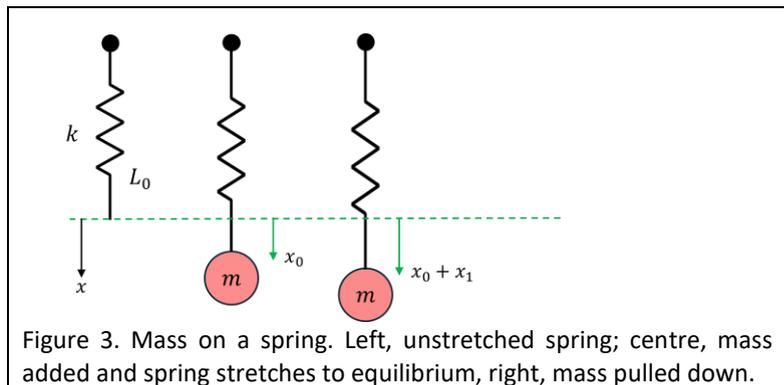
Figure 2. (a) Spikes from a single nerve cell, (b) sound from a guitar string, (c) Sound from a bassoon, (d) light from a Cepheid variable star, (e) earthquake recording, (f) electrocardiogram, (g) car suspension, (h) height of a walking human,

1 1.3 What you Already Know

2 Here we shall present some short notes on material you will have
3 already encountered. While the descriptions are , they are certainly
4 not *complete*, (more about this later).

5 1.3.1 Mass on a Spring

6 This is the archetypal ‘simple harmonic oscillator’ (SHO) shown
7 in Fig.3. On the left is an unstretched spring of length L_0 and spring
8 constant (‘stiffness’) k .



9

10 Hanging a mass on the end makes the spring stretch down to x_0
11 and here the force of gravity is balanced by the upward force from
12 the spring

$$13 \quad mg - k(L - x_0) = 0. \quad (4)$$

14 If we then displace the mass down by an additional amount x_1 then
15 the total force in the positive- x direction is

$$16 \quad mg - k(L - x_0) - kx_1 = -kx_1. \quad (5)$$

17 Using Newton’s second law, we find the acceleration of the mass
18 is just

$$19 \quad \frac{d^2 x_1}{dt^2} = -\frac{k}{m} x_1. \quad (6)$$

20 This describes oscillations of the mass *around its equilibrium*
21 *position* x_0 . To solve this, we need a function whose second
22 derivative is -1 times that function. A cosine will do nicely, so we
23 try $x(t) = A \cos \omega t$; substitution into eq.6 gives expressions for
24 the angular frequency and period of oscillation

Chapter 1 Introduction to Oscillations 7

$$1 \quad \omega = \sqrt{\frac{k}{m}}, \quad T = 2\pi\sqrt{\frac{m}{k}} \quad .(7)$$

2 Here $\omega = 2\pi/T$. Eqs7 do not contain the amplitude A of
3 oscillation, so its period is independent of amplitude which is a
4 special property for this type of oscillator. Fig.4 shows the mass
5 located at time $t = 2$ secs for a system with period $t = 2$ secs. You
6 will see that the amplitude is -1.

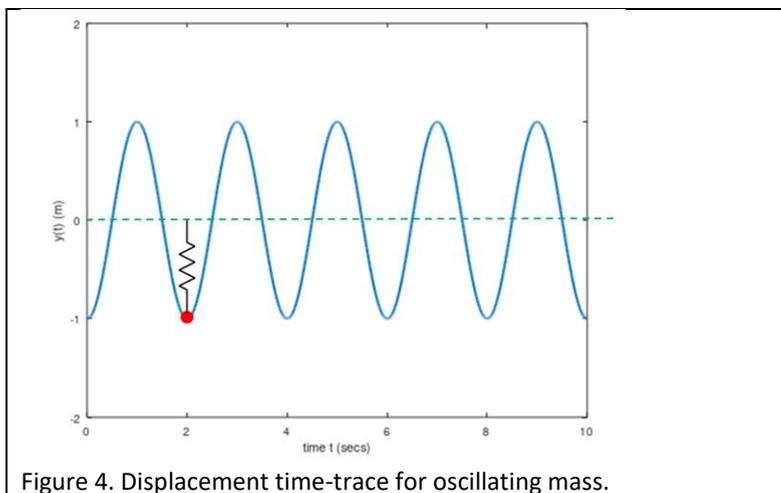


Figure 4. Displacement time-trace for oscillating mass.

7 Instead of starting with a Newton's 2nd and setting up an ordinary
8 differential equation (ODE) we can analyse systems in terms of
9 energy. For a mass-spring system we have for the kinetic energy
10 (KE) stored in the mass and for the potential energy (PE) stored in
11 the spring

$$12 \quad KE = \frac{1}{2}mv^2, \quad PE = \int_0^x kx \, dx = \frac{1}{2}kx^2. \quad (8)$$

13 Substituting $x(t) = A \cos \omega t$ and $v(t) = -\omega A \sin \omega t$ we find that

$$14 \quad KE = \frac{1}{2}m(-\omega A \sin \omega t)^2$$
$$15 \quad = \frac{1}{2}kA^2 \sin^2 \omega t, \quad (9)$$

16 and

$$17 \quad PE = \frac{1}{2}kA^2 \cos^2 \omega t. \quad (10)$$

18 These energies change with time, and it easy to see that they
19 oscillate twice as fast as the displacement or velocity, e.g.

1 $\sin^2 \theta = \frac{1}{2}(1 - \cos 2\theta)$, see Fig.5. Now we can form an
 2 expression for the total energy E

$$3 \quad E = KE + PE = \frac{1}{2}kA^2(\sin^2 \omega t + \cos^2 \omega t) = \frac{1}{2}kA^2, \quad (11)$$

4 since $\sin^2 \theta + \cos^2 \theta = 1$. So we see that energy is conserved for
 5 this system. Also, if we denote the average value of a quantity like
 6 this $\langle quantity \rangle$ then $\langle KE \rangle = \langle PE \rangle = \frac{1}{4}kA^2$ since $\langle \sin^2 \theta \rangle =$
 7 $\langle \cos^2 \theta \rangle = \frac{1}{2}$, so on average the total energy is shared equally
 8 between KE and PE, and as shown in Fig.5 energy sloshes between
 9 PE and KE.

10 So far, all this energy talk is rather descriptive, some may even say
 11 boring. But things become much more interesting if we take the
 12 energy equation and differentiate it,

$$13 \quad E = \frac{1}{2}mv^2 + \frac{1}{2}kx^2, \quad (12)$$

$$14 \quad \frac{dE}{dt} = m \frac{dx}{dt} \cdot \frac{d^2x}{dt^2} + kx \frac{dx}{dt}. \quad (13)$$

15 Please glance at this footnote¹ if you're uncertain about this. Now
 16 we know that the total energy E is conserved.

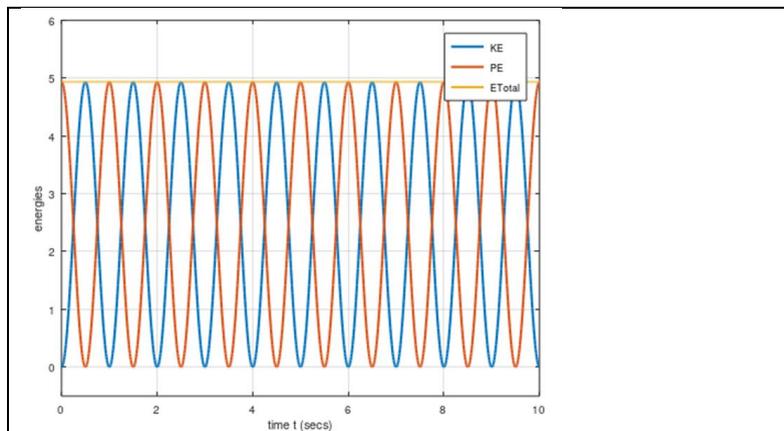


Figure 5. KE and PE variation with time together with total energy.

17 Since energy is conserved, we must have $\frac{dE}{dt} = 0$, so eq.13 gives
 18 us, assuming that $dx/dt \neq 0$

¹ First $\frac{d(v^2)}{dt} = 2v \frac{dv}{dt}$ by the chain rule, where $v = \frac{dx}{dt}$ of course, and also using the chain rule we have $\frac{d(x^2)}{dt} = 2x \frac{dx}{dt}$

Chapter 1 Introduction to Oscillations 9

1
$$m \frac{d^2x}{dt^2} = -kx, \quad (14)$$

2 which is of course the ODE eq.6 we obtained from Newton's 2nd.
3 So the huge takeaway here is that we can derive the ODE either by
4 considering *forces* or *energy*, and there are many cases where using
5 energy is much easier. Let's formalize this; it will reduce work in
6 the future.

7 1.3.2 An aside concerning Energy.

8 Apologies for this subsection. The whole section was about what
9 you already know, but I can't resist just pushing this knowledge a
10 bit. *Pace lector*. We have just seen in eq.12 and eq.13 an important
11 link between understanding the dynamics of a system (expressed
12 as an ODE) and its energy formulation. Let's try to generalize this
13 approach (to make future work easier). We can write the system
14 energy like this, as a sum of kinetic and potential energies,

15
$$E = \frac{1}{2}\alpha\dot{\psi}^2 + \frac{1}{2}\beta\psi^2. \quad (15)$$

16 Yikes! We have introduced the strange symbol ψ ; what does this
17 represent? Well, the idea is that eq.15 could be applied to many
18 scenarios. In one, ψ could be just x , the position of a mass on a
19 spring; in another it could be θ , a rotation of a pendulum. Or it
20 could be a temperature, or a magnetic field. The important point is
21 to *recognize* the structure of eq.15, which may be applicable to
22 many physical systems.

23 So we work out the temporal derivative of E and find

24
$$\dot{E} = \alpha\dot{\psi}\ddot{\psi} + \beta\psi\dot{\psi}, \quad (16)$$

25 which, due to energy conservation, $\dot{E} = 0$, gives us

26
$$\ddot{\psi} + \frac{\beta}{\alpha}\psi = 0, \quad (17)$$

27 assuming that $\dot{\psi} \neq 0$ and therefore leads to an oscillation
28 frequency

29
$$\omega = \sqrt{\frac{\beta}{\alpha}}. \quad (18)$$

1 All we need to do is identify α, β for a specific situation and invoke
 2 eq.15 and eq.18. This is the basis of the ‘energy method’. We’ll see
 3 this in action in the following sections.

4 1.3.3 Mass on 2 Springs

5 This is a very simple system, a mass is free to move in a line on a
 6 frictionless horizontal surface, see Fig.6.

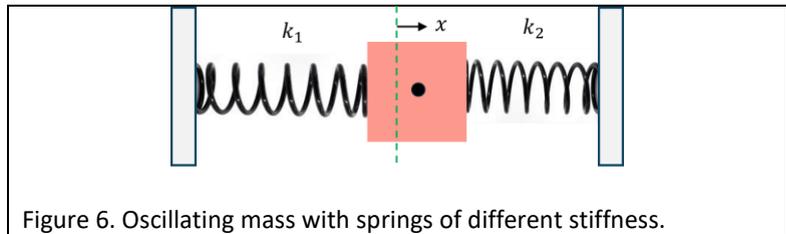


Figure 6. Oscillating mass with springs of different stiffness.

7 The mass is displaced x to the right, the left spring pulls to the left
 8 with force $-k_1x$ and the right spring pushes to the left with force
 9 $-k_2x$ so we have

$$10 \quad m \frac{d^2x}{dt^2} = -(k_1 + k_2)x, \quad \omega = \sqrt{\frac{k_1 + k_2}{m}}.$$

11 1.3.4 Floating Bob Wave Energy Convertor

12 This is a simple system; a bob is floating in water. At equilibrium,
 13 its weight is balanced by an upward force equal to the weight of
 14 the water displaced (Archimedes principle), see Fig.7. If we
 15 displace the bob downwards by distance y then the submerged
 16 volume increases by Ay where A is the cross-sectional area of the
 17 bob. The mass of the additional displaced water is just ρAy where
 18 ρ is the water density and its weight is just $\rho g Ay$ where g is
 19 gravitational acceleration, so we now have a net upwards force. We
 20 therefore have

$$21 \quad m \frac{d^2y}{dt^2} = -(\rho g A)y, \quad \omega = \sqrt{\frac{\rho g A}{m}}. \quad (19)$$

22 This can be simplified by using an expression for m but here’s not
 23 the place.

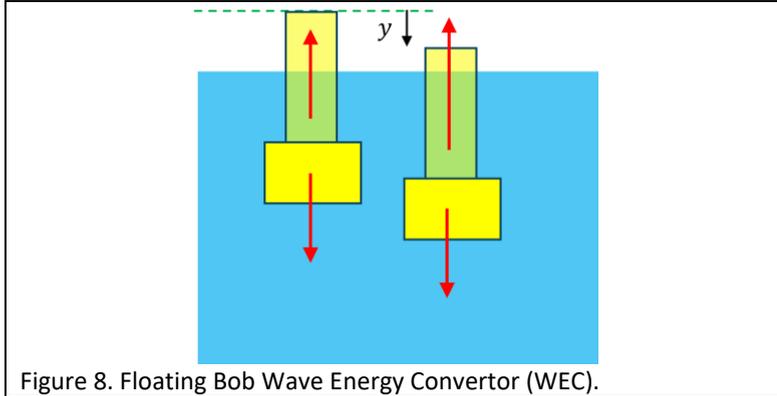


Figure 8. Floating Bob Wave Energy Converter (WEC).

1

2 1.3.5 The Pendulum

3 This is shown in Fig.8. Here we apply Newton's 2nd but in rotation.
 4 If the body has moment of inertia I and we apply a torque τ about
 5 a point, then the body experiences an angular acceleration given by

$$6 \quad I \frac{d^2\theta}{dt^2} = \tau. \quad (20)$$

7 In this case downward force on the bob due to gravity produces a
 8 torque around the pivot point

$$9 \quad mgL \sin \theta, \quad (21)$$

10 since torque is the product of the force and the lateral distance to
 11 the centre of rotation. The moment of inertia of the pendulum about
 12 its pivot point is just mL^2 so the equation of motion for the bob's
 13 rotation becomes

$$14 \quad mL^2 \frac{d^2\theta}{dt^2} = -mgL \sin \theta, \quad (22)$$

15 which becomes

$$16 \quad \frac{d^2\theta}{dt^2} = -\frac{g}{L} \sin \theta. \quad (23)$$

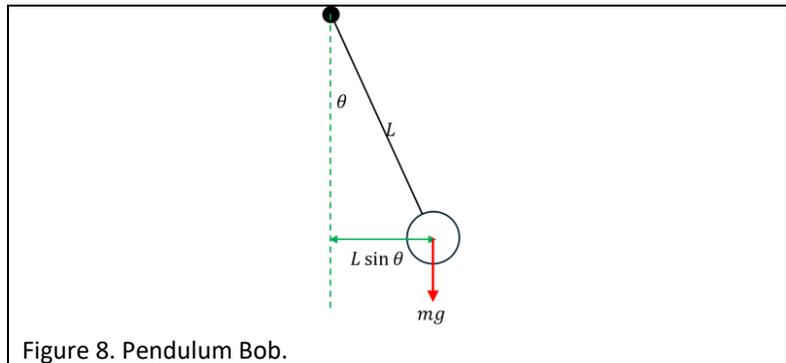
17 Now *for small* θ we have $\sin \theta \approx \theta$ so we finally arrive at

$$18 \quad \frac{d^2\theta}{dt^2} = -\frac{g}{L} \theta, \quad \omega = \sqrt{\frac{g}{L}}. \quad (24)$$

1 Alternatively, we could use the energy approach. The KE is just
 2 $\frac{1}{2}I\dot{\theta}^2$ and the PE is $mgL(1 - \cos \theta) \approx \frac{1}{2}mgL\theta^2$ since $\cos \theta =$
 3 $1 - \frac{1}{2}\theta^2$, so we use the energy formula with

$$4 \quad \alpha = mL^2, \quad \beta = mgL, \quad (25)$$

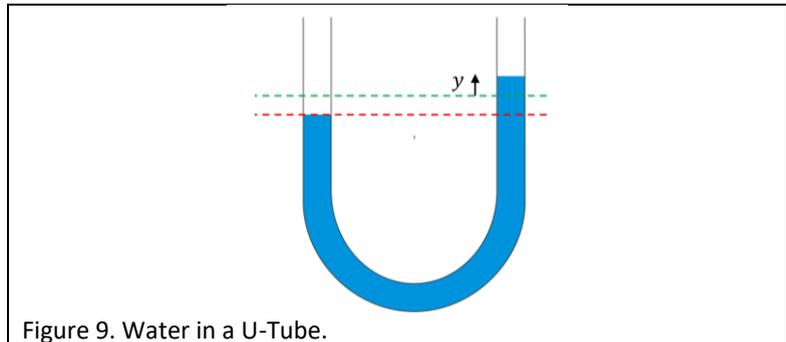
5 which leads to eq.24.



6

7 1.3.6 Water in a U-tube

8 Have a look at Fig.9 which shows water in a U-tube displaced
 9 upwards by distance y from the equilibrium position (green dashed
 10 line). The tube has cross-sectional area A and the water has density
 11 ρ and the total column length L . Let's put forward two arguments,
 12 the first using Newton's 2nd and the second using the energy
 13 approach.



14

15 There is a force due to the additional length of water on the right
 16 which is just $-(A\rho g)2y$, use the red dashed line to check this, and
 17 this acts to accelerate a mass. But which mass, you may think since
 18 the force is exerted on the water below the additional length, then

Chapter 1 Introduction to Oscillations 13

1 we should use that mass. But this is incorrect. Ask yourself what
2 mass is actually accelerating due to this force? Clearly the mass of
3 the whole water column. We therefore have

$$4 \quad (\rho AL) \frac{d^2y}{dt^2} = -(2A\rho g)y, \quad \omega = \sqrt{\frac{2g}{L}}. \quad (26)$$

5 Now let's apply the energy approach. The increase in PE of the
6 displaced water from its equilibrium position (green dashed line)
7 comes from taking a volume of water Ay from the left arm, and
8 *raising it a height* Ay and putting it on top of the water in the right
9 tube. We therefore have

$$10 \quad PE = (\rho g Ay)y = \rho g Ay^2.$$

11 The kinetic energy of the moving mass of water is just

$$12 \quad KE = \frac{1}{2}m \left(\frac{dy}{dt}\right)^2 = \frac{1}{2}\rho AL \left(\frac{dy}{dt}\right)^2, \quad (27)$$

13 so we have

$$14 \quad \alpha = \rho AL, \quad \beta = 2\rho gA, \quad (28)$$

15 which again leads to eq.26.

16 [1.3.7 Diatomic Molecule.](#)

17 Let's work this situation using the energy method. The situation is
18 shown in Fig.10 The diatomic molecule is modelled as two
19 different masses connected by a single spring. You may think this
20 is a rather unusual system, since it is not 'tied' to any fixed point
21 in space. So it could be rotating or moving through space as well
22 as vibrating, or a combination of any or all of these degrees of
23 motion. So we assume it is not moving, the centre of mass is fixed
24 (i.e., assumed 'tied') and it is not rotating. So we consider only
25 vibrations, around its centre of mass. This is equivalent to assuming
26 there is no 'external' force.

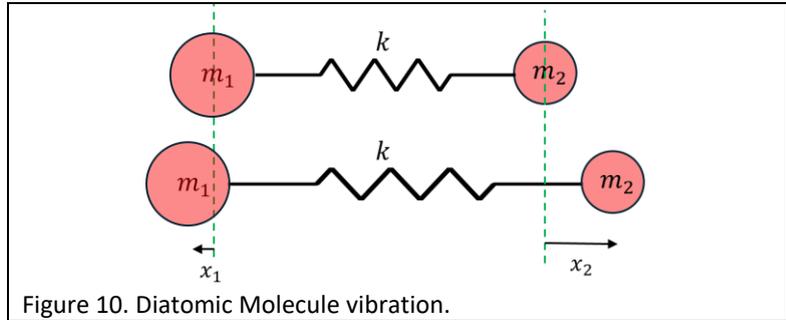


Figure 10. Diatomic Molecule vibration.

1 Since the centre of mass does not move, we must have $m_1x_1 +$
 2 $m_2x_2 = 0$. Now let's get our PE and KE and use this constraint:

$$3 \quad PE = \frac{1}{2}k(x_1 + x_2)^2 = \frac{1}{2}kx_1^2 \left(1 + \frac{m_1}{m_2}\right)^2, \quad (29)$$

$$4 \quad KE = \frac{1}{2}m_1\dot{x}_1^2 + \frac{1}{2}m_2\dot{x}_2^2 = \frac{1}{2}m_1 \left(1 + \frac{m_1}{m_2}\right) \dot{x}_1^2, \quad (30)$$

5 so we have

$$6 \quad \alpha = m_1 \left(1 + \frac{m_1}{m_2}\right), \quad \beta = k \left(1 + \frac{m_1}{m_2}\right)^2, \quad (31)$$

7 so we find the oscillation frequency is

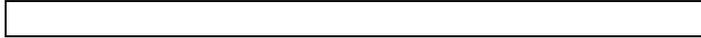
$$8 \quad \omega = \sqrt{\frac{\beta}{\alpha}} = \sqrt{k \left(\frac{m_1 + m_2}{m_1 m_2}\right)} = \sqrt{\frac{k}{\mu}}, \quad (32)$$

9 where $\mu = m_1 m_2 / (m_1 + m_2)$ is called the *reduced mass* of the
 10 molecule, just replacing two parameters with one. Nature likes
 11 simplicity.

Example 1.1 Let's consider a molecule of Hydrogen Chloride. The masses are $m_H = 1 \times 1.67 \times 10^{-27}$ kg and $m_{Cl} = 35 \times 1.67 \times 10^{-27}$ kg giving a reduced mass of $\mu = 1.62 \times 10^{-27}$ kg which is nearly the same as the hydrogen mass. So we it looks as though the chlorine atom is behaving like a brick wall. The spring constant is 516 N/m so we calculate

$$\omega = 5.65 \times 10^{14} \text{ s}^{-1}, \quad f = 9.00 \times 10^{13} \text{ Hz}$$

which is in the infra-red region of the spectrum. So if we shine electromagnetic waves into a tank of HCl then we shall see an absorption band in the infra-red region at this frequency.



1

2 1.4 Some Underlying Mathematics

3 We mentioned earlier that while solutions presented in section 1.3
4 were correct, they were not necessarily complete. Here we address
5 this limitation.

6 1.4.1 Various ways to express harmonic motion

7 We noted that to solve eq.6 either a sine or a cosine function would
8 do, and we selected a cosine (in order to make the equations less
9 cluttered). We could have selected a sine, but we should have
10 selected both! The idea is that if a cosine is a solution and a sine is
11 a solution, then added together they would also be a solution like
12 this

$$13 \quad y(t) = A \cos \omega t + B \sin \omega t \quad (33)$$

14 where the coefficients A and B allow us to take different mixes of
15 the two functions. Go ahead and check this *is* a solution by
16 substitution into eq.6. Now we can use trigonometric identities to
17 write eq.33 in the alternative form

$$18 \quad y(t) = D \cos(\omega t + \varphi) \quad (34)$$

19 where the variable φ is the ‘phase’ of the oscillation. Of course
20 another alternative solution is

$$21 \quad y(t) = D \sin(\omega t + \varphi') \quad (35)$$

22 where we need a different phase. Let’s try to get our heads around
23 the meaning of phase and plot out eq.34 for various values of phase
24 φ . Note that φ is just a specified angle (in radians), since at $t = 0$
25 the above expression will become $y(0) = D \cos(\delta)$. If you want to
26 visualize a phase in degrees ($^\circ$), just calculate $\varphi \times (180/2\pi)$, but
27 never use degrees in an expression!

28 We plot eq.34 for a number of different phases in Fig.11, each plot
29 has a red reference function with phase set to zero. In Fig.11(a) we
30 have $\varphi = \pi/3$ (30°) and we see the plot is shifted *to the left*. This
31 is easy to understand, ωt must now be smaller for the argument of
32 the cos to have the same value, hence t is smaller, a shift to the left.
33 In Fig.11(b) we have $\varphi = -\pi/3$ (-30°) and the function is shifted
34 to the right. Finally in Fig.11(c) we have $\varphi = \pi/2$ (90°) which

1 turns out to be an important value for phase. Here we have a left
 2 shift, and we say the green curve *lags* the red curve by $\pi/2$.

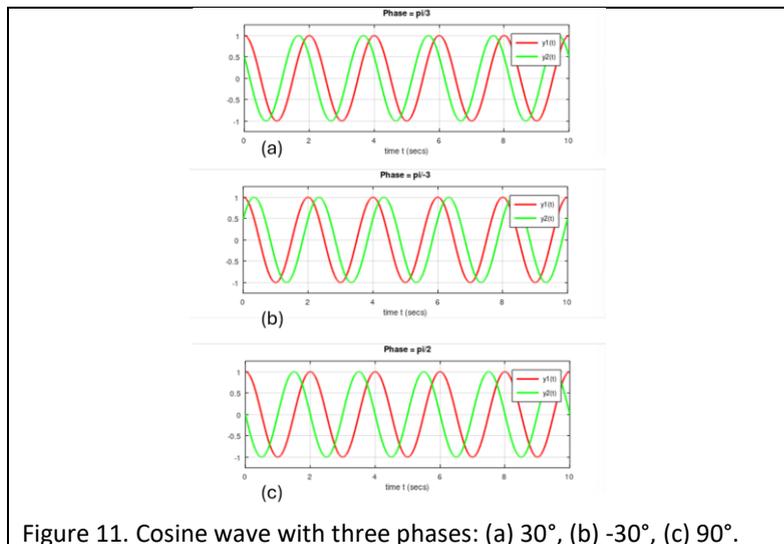


Figure 11. Cosine wave with three phases: (a) 30° , (b) -30° , (c) 90° .

3 So you should have a fairly good understanding of what the phase
 4 angle is, but we have not really addressed the question of why we
 5 have introduced it at all! Well note that all the ‘various ways’ of
 6 expressing SHM mentioned above have *two arbitrary* coefficients.
 7 Why? Well, it’s because we are dealing with a 2nd-order ODE, and
 8 mathematically, there must be an arbitrary coefficient for each
 9 order. We shall see how these coefficients are specified by the
 10 *initial conditions* (the state of the system at $t = 0$, in section 1.4.4.

11 1.4.2 Linear and Non-linear Systems, Superposition

12 We have mentioned that linear systems are straightforward to
 13 solve, but non-linear systems are not; also that most systems in the
 14 natural world are non-linear. So what’s the difference? Consider
 15 two springs, for a *linear* spring, the restoring force is proportional
 16 to displacement

$$17 \quad F(y) = -ky. \quad (36)$$

18 Now this is not true for a non-linear spring, e.g. the force
 19 expression may have an additional cubic term

$$20 \quad F(y) = -ky - \alpha y^3. \quad (37)$$

21 We know that eq.36 leads to eq.6 which has a solution of the form
 22 $y(t) = A \cos \omega t$, but what happens when we set up the ODE for
 23 the non-linear force and try a solution of this form. We have

Chapter 1 Introduction to Oscillations 17

1
$$\ddot{y}(t) = -\frac{k}{m}y(t) - \frac{\alpha}{m}y^3(t), \quad (38)$$

2
$$-\omega^2 A \cos \omega t = -\frac{k}{m}A \cos \omega t - \frac{\alpha}{m}A^3 \cos^3 \omega t, \quad (39)$$

3 and following some tedious algebra we have

4
$$-\omega^2 \cos \omega t = -\frac{k}{m} \cos \omega t - \frac{\alpha}{4m}A^3 \cos \omega t - \frac{\alpha}{4m}A^3 \cos 3\omega t. \quad (40)$$

5 Now we're in trouble, note the appearance of the term in $\cos 3\omega t$
6 on the right. So we are unable to 'cancel out' the \cos terms, i.e. find
7 a solution which works for all values of t . So we conclude that this
8 non-linear system does not undergo SHM. We'll return to this in
section 1.6.4.

9 So to linear systems. In section 1.4.1 we mentioned that both a \cos
10 and a \sin function solved the ODE and hinted that a sum should
11 satisfy the ODE. Let's make this more concrete. Let's take eq.6 and
12 say that we have found two solutions $y_1(t)$ and $y_2(t)$ so we have

13
$$m \frac{d^2 y_1}{dt^2} = -k y_1,$$

14
$$m \frac{d^2 y_2}{dt^2} = -k y_2$$

15 Adding these together we find, using the fact that a sum of
16 derivatives is the derivative of the sum,

17
$$m \frac{d^2 (y_1 + y_2)}{dt^2} = -k (y_1 + y_2), \quad (41)$$

18 which is an ODE for the sum $y_1 + y_2$ which clearly has a solution
19 of the form we have been using. This works because the right-hand
20 sides of the above equation are linear in y corresponding to a linear
21 spring.

22 1.4.3 An Alternative view of the ODEs

23 This material is perhaps a little advanced and could initially be
24 skipped. We have been using an ODE of the form $d^2y/dt^2 =$
25 $f(y)$ to describe our oscillators. This is a *second-order* ODE since
26 the second derivative of y appears in the expression. It's interesting

1 to look at an alternative way of expressing this 2nd-order ODE and
 2 indeed we can generalize this to any n th-order linear ODE.

3 We start with the ‘fundamental theorem of algebra’ which states
 4 that any n th-order polynomial

$$5 \quad a_0 + a_1 z + a_2 z^2 + \dots + a_{n-1} z^{n-1} + a_n z^n \quad (42)$$

6 can be factored into

$$7 \quad a_n (z - r_1)(z - r_2) \dots (z - r_n). \quad (43)$$

8 So if we take the n th-order ODE

$$9 \quad a_n \frac{d^n y}{dt^n} + a_{n-1} \frac{d^{n-1} y}{dt^{n-1}} + \dots + a_1 \frac{dy}{dt} + a_0 = 0, \quad (44)$$

10 then since differentiation by t commutes with multiplication, we
 11 can use the equality of eq.42 and eq.43 to rewrite this ODE as

$$12 \quad a_n \left(\frac{d}{dt} - r_1 \right) \left(\frac{d}{dt} - r_2 \right) \dots \left(\frac{d}{dt} - r_n \right) x = 0. \quad (45)$$

13 Now the last term invites an immediate solution

$$14 \quad \left(\frac{d}{dt} - r_n \right) x = 0, \quad \Rightarrow \frac{dx}{dt} = r_n x, \quad (46)$$

15 and since any of the terms in eq.45 can be ‘rotated’ to the right, we
 16 see that the n th-order ODE can be re-written as n 1st-order ODEs.
 17 This can be quite useful, and we shall soon see how. The takeaway
 18 from this, is that the dynamics contained in our 2nd-order ODE is
 19 equally contained in the dynamics of two 1st-order ODEs.

20 1.4.4 Initial Conditions and Superposition

21 We have seen how a function of the form $y(t) = A \cos(\omega t + \varphi)$
 22 satisfies the ODEs for a range of physical systems, and we know
 23 that the value of the angular frequency ω is specified by the physics
 24 of the system; for a mass-spring system it is specified by m and k .
 25 But we have been silent about the amplitude A and the phase φ ,
 26 how are these fixed for an actual system we may be investigating
 27 in the lab? Well, they are given by the *initial conditions* (ICs) of
 28 the system; how it is configured at $t=0$. We need 2 initial conditions
 29 since we have two unknowns A and φ . How can we impart these
 30 ICs, alternatively what must we do to get our oscillator going? Well
 31 the first thing is to give it an initial displacement, which will fix the

Chapter 1 Introduction to Oscillations 19

1 value of A as this displacement. We do this, in the case of the mass-
2 spring system, by dragging the mass down, then releasing it, so at
3 the time of release $t=0$ it takes on the displacement we are giving
4 it. But at the time of release, we have specified another variable,
5 the *velocity* of the mass. This is usually zero. Let's see how this
6 works to fix A and φ .

7 Assume that at time $t=0$ we release the mass with displacement y_0
8 and zero velocity. We have

$$9 \quad y(t) = A \cos(\omega t + \varphi), \quad v_y(t) = -\omega A \sin(\omega t + \varphi), \quad (47)$$

10 and at $t = 0$ we have

$$11 \quad y(0) = A \cos(\varphi) = y_0, \quad v_y(0) = -\omega A \sin(\varphi) = 0. \quad (48)$$

12 The condition of zero velocity at $t = 0$ means that $\varphi = 0$, and using
13 this in the condition for $y(0)$ gives us $A = y_0$, so our final solution
14 with ICs incorporated becomes

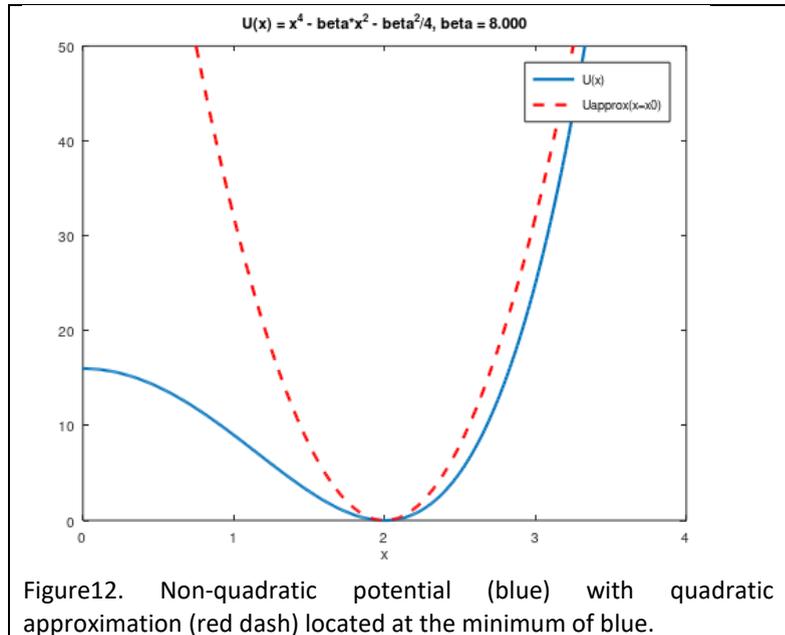
$$15 \quad y(t) = y_0 \cos(\omega t). \quad (49)$$

16 1.4.5 Oscillations near bottom of Potential Well

17 We saw above that when the potential energy has a quadratic form,
18 then SHO results. We have for $PE = U(x)$

$$19 \quad U(x) = \frac{1}{2}kx^2, \quad F = -\frac{dU}{dx} = -kx, \quad (50)$$

20 which is the required restoring force proportional to x . Now if we
21 have a potential which is not quadratic but has a minimum, we can
22 approximate the potential near the minimum with a quadratic,
23 glance at Fig.12. The blue curve is the non-quadratic with a
24 minimum at x_0 and the red curve is a quadratic chosen to match the
25 potential at the minimum point.



- 1 Let's make a Taylor expansion of our non-quadratic potential
- 2 $U(x)$ about x_0
- 3

$$U(x) = U(x_0) + \left. \frac{dU}{dx} \right|_{x=x_0} (x - x_0) + \frac{1}{2} \left. \frac{d^2U}{dx^2} \right|_{x=x_0} (x - x_0)^2 + \dots \quad (51)$$

- 4 From Fig.12 we have $U(x_0) = 0$ and $dU/dx = 0$ since we are at
- 5 the minimum which leaves

$$6 \quad U(x) = \frac{1}{2} \left. \frac{d^2U}{dx^2} \right|_{x=x_0} (x - x_0)^2. \quad (52)$$

- 7 This is our locally quadratic potential, with effective spring
- 8 constant

$$9 \quad k = \left. \frac{d^2U}{dx^2} \right|_{x=x_0}, \quad (53)$$

- 10 so in general we have

$$11 \quad \omega = \sqrt{\left. \frac{1}{m} \frac{d^2U}{dx^2} \right|_{x=x_0}} \quad \text{or} \quad \omega = \sqrt{-\left. \frac{1}{m} \frac{dF}{dx} \right|_{x=x_0}}. \quad (xx)$$

1

Example 2. Let's take an example of the potential

$$U(x) = x^4 - \beta x^2 + \beta^2/4$$

which is shown in Fig.?? This has a minimum at $x_0 = \sqrt{\beta/2}$. Simple calculus shows that $\ddot{U}(x - x_0) = 4\beta$, so our approximating potential is just

$$U_{approx}(x) = \dot{U}(x - x_0)(x - x_0)^2 = 4\beta(x - x_0)^2$$

2

3 1.4.6 Extending the ODEs: Damping

4 Most oscillators in the real world do not continue indefinitely with
 5 a constant amplitude as the examples presented above suggest.
 6 They will often encounter fluid resistance which removes energy
 7 from the system (dissipated ultimately as heat) and causes a steady
 8 decay in the amplitude of oscillation. Typical traces for such a
 9 *damped* oscillator are shown in Fig.13

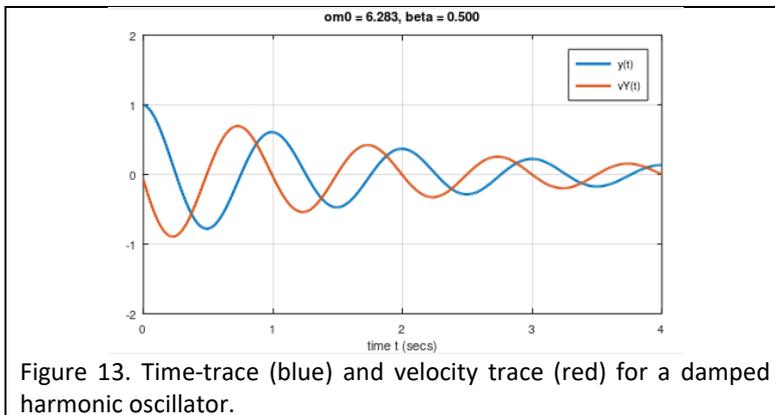
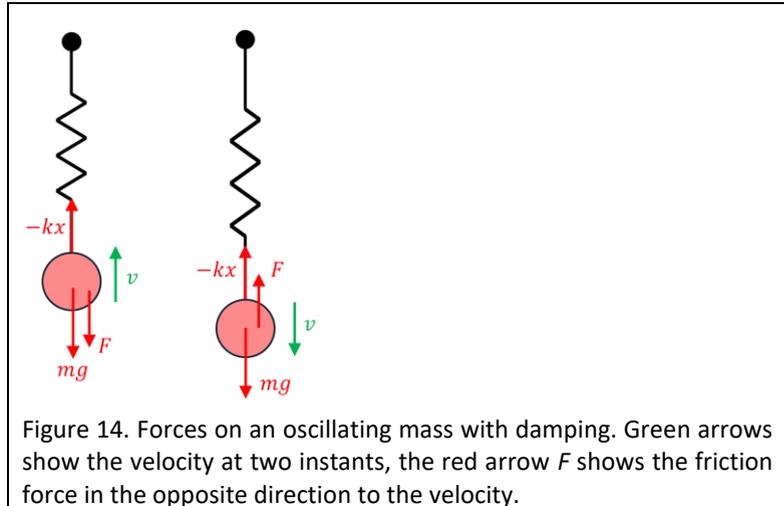


Figure 13. Time-trace (blue) and velocity trace (red) for a damped harmonic oscillator.

10 Clearly the amplitudes of both displacement and velocity reduce
 11 with time. This will be discussed in detail in section 1.8; here we
 12 only wish to extend the underlying ODEs to take damping into
 13 account.

14 We must consider the source of damping; this is an additional
 15 frictional force due to the object's motion through the surrounding
 16 fluid. How this force actually works is shown in Fig.14 where we
 17 see a moving object at two times; at each time the velocity of the
 18 object is shown by the green arrow; it has reversed direction.



1 In this figure we have supplemented the existing forces mg due to
 2 gravity and $-kx$ due to the spring with a frictional force F . The
 3 direction of this force has to be opposite to the velocity v of the
 4 object, but how does it depend on the velocity? This needs to be
 5 established by experiment, and there appear a couple of
 6 alternatives. For air, and at small speeds in water, friction is
 7 proportional to velocity, so we write

$$8 \quad F = -bv, \quad (55)$$

9 where the coefficient b depends on the size of the object and
 10 properties of the fluid (e.g. viscosity). For larger speeds in water
 11 friction is proportional to velocity squared, so we have

$$12 \quad F = -bv^2. \quad (56)$$

13 Which do we choose? We nearly always choose eq.55 since eq.56
 14 is non-linear which makes a solution beyond our grasp (note the
 15 squared 'thing' in eq.56 is not a constant, but a system variable)
 16 and this would result in a non-linear differential equation.

17 So we supplement eq.6 with eq.55 and write down the ODE for
 18 our damped system,

$$19 \quad \frac{d^2x}{dt^2} = -\frac{k}{m}x - \frac{b}{m} \frac{dx}{dt}, \quad (57)$$

20 or in the alternative simpler form

$$21 \quad \frac{d^2x}{dt^2} = -\omega_0^2x - 2\beta \frac{dx}{dt}, \quad (58)$$

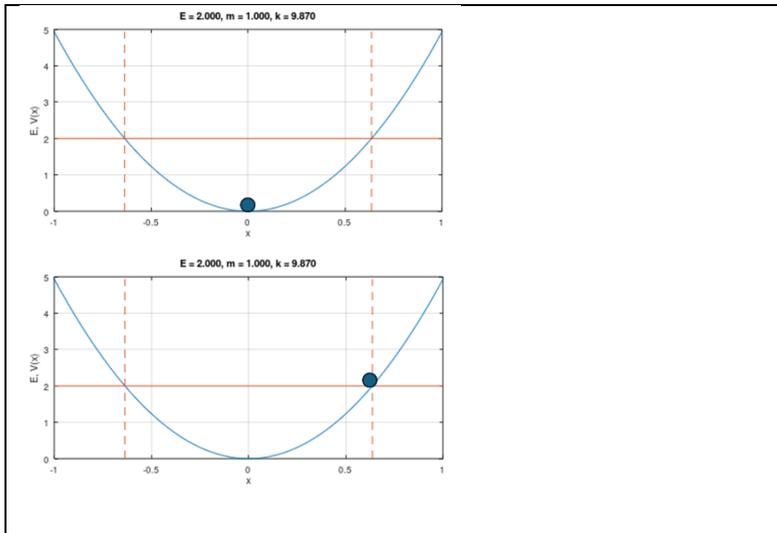
1 where $\omega_0^2 = k/m$ and $\beta = b/2m$.

2 1.5 Energy

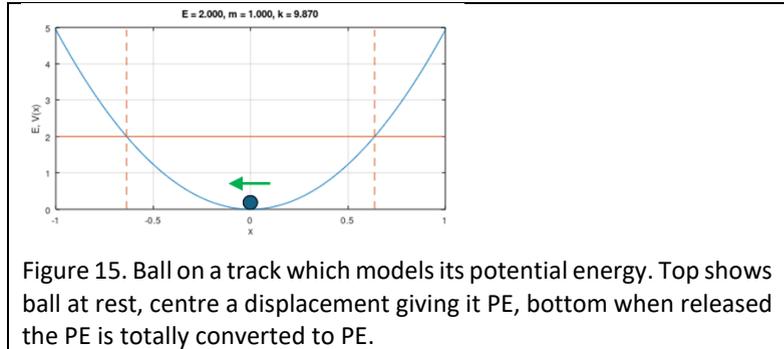
3 1.5.1 Basic Ideas

4 When a system oscillates it will cross back and forwards around its
 5 *equilibrium* position. If there is no damping, it will do this
 6 endlessly, but with some damping it will converge to and come to
 7 rest at its equilibrium position. Take a pendulum with damping;
 8 when displaced it will cross back and forwards around its
 9 equilibrium position (the vertical) and will eventually come to rest
 10 in this vertical position. So that gives us a hint of what the
 11 ‘equilibrium position’ really means.

12 Now we know that a system can be described by the sum of
 13 potential and kinetic energies, which is constant if energy is
 14 conserved. At the point of minimum potential energy, the system
 15 will have its greatest kinetic energy. Let’s consider a ball on a track
 16 which we can think of as its PE curve² see Fig.15.

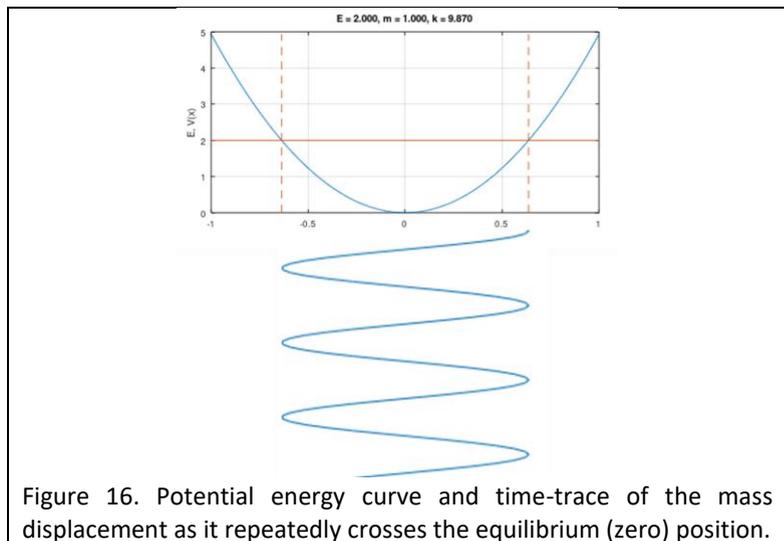


² Sure this is an approximation, but it’s not a bad one, and many textbooks use this example.



1

2 So if we start off with the ball at rest, located at the PE minimum,
 3 and give it a small displacement up the curve, we have done work,
 4 and given it some PE. If you let it go it will then move down the
 5 potential hill towards the PE minimum (where it has maximum
 6 speed and therefore KE) and would continue up the other side of
 7 the PE curve. This would repeat and the ball would oscillate. If you
 8 added damping, then the ball would lose velocity over time, and it
 9 would eventually come to rest at the minimum of the PE and 'be at
 10 equilibrium'. So we see the equilibrium is *located at the minimum*
 11 of the PE curve. See Fig.16.



12

13 Simple systems, like those discussed in section 1.3 will have a
 14 single minimum and quite often the form of the PE curve is
 15 *quadratic* i.e., $V(x) = \frac{1}{2}kx^2$ where k is a constant. Other curves
 16 may have a different functional form, we have seen how to deal

1 with this in section 1.4.5. Other systems may have multiple minima
 2 in their PE curves, and we expect that they could display different
 3 oscillation regimes, one for each minima. But that's getting too
 4 advanced too quickly.

5 1.5.2 Energy Equation

6 Let's think of a particle of mass m moving in 1D and has a position
 7 $x(t)$ which is varying in time, and it is subject to a force $x(t)$ which
 8 varies with position. The ODE describing its motion is just $m\ddot{x} =$
 9 $F(x)$. The *kinetic energy* of the particle is

$$10 \quad T = \frac{1}{2}m\dot{x}^2, \quad (59)$$

11 and its *potential energy* is

$$12 \quad V(x) = - \int_a^x F(x')dx', \quad (60)$$

13 where a is an arbitrary constant; we often choose $a = 0$. Now
 14 let's calculate the rate of change of KE,

$$15 \quad \frac{d}{dt} \left(\frac{1}{2}m\dot{x}^2 \right) = \dot{x}m\ddot{x} = \dot{x}F(x). \quad (61)$$

16 But we know that $F(x) = -dV/dx$ so the above equation
 17 becomes

$$18 \quad \frac{d}{dt} \left(\frac{1}{2}m\dot{x}^2 \right) = - \frac{dx}{dt} \frac{dV}{dx} = - \frac{dV}{dt}. \quad (62)$$

19 So the rate of change of KE is equal and opposite to the rate of
 20 change of PE, so their sum must be constant, which is often written

$$21 \quad T + V = \text{const.} \quad (63)$$

22 Such a system is called *conservative*. Now let's see what happens
 23 if the force F depends on something other than position, such as
 24 velocity. Think of a mass on a spring with damping; the ODE for
 25 this system is

$$26 \quad m\ddot{x} = -kx - b\dot{x}. \quad (64)$$

27 The sum of the KE and PE is still $\frac{1}{2}m\dot{x}^2 + \frac{1}{2}kx^2$ and its rate of
 28 change is

$$\begin{aligned} 1 \quad & \frac{d}{dt} \left(\frac{1}{2} m \dot{x}^2 + \frac{1}{2} k x^2 \right) = m \dot{x} \ddot{x} + k x \dot{x} \\ 2 \quad & = \dot{x} (m \ddot{x} + k x) = -b \dot{x}^2 < 0, \quad (65) \end{aligned}$$

3 so this is negative, and energy is being lost or *dissipated* by
4 damping. So here $T + V \neq \text{const}$ and we do not have a
5 conservative system.

6 1.5.3 The Energy Integral and calculation of Period

7 Here we shall obtain an important and useful result which will
8 allow us to find the period of *any* system if we know its energy.
9 Starting with

$$10 \quad \frac{1}{2} m \dot{x}^2 + V(x) = E, \quad (66)$$

11 we find that

$$12 \quad \frac{dx}{dt} = \pm \sqrt{\frac{2(E - V)}{m}}, \quad (67)$$

13 hence

$$14 \quad \frac{dt}{dx} = \pm \sqrt{\frac{m}{2(E - V)}}$$

15 which we integrate

$$16 \quad t = \int \frac{dt}{dx} dx = \pm \int \sqrt{\frac{m}{2(E - V)}} dx. \quad (68)$$

17 We can represent this graphically for a quadratic potential. Fig.17
18 shows such a potential together with a particular choice of E . The
19 limits of x for the oscillation are shown. Also shown is the value of
20 the integrand $\sqrt{m/2(E - V)}$, and the integral is indicated as the
21 shaded area.

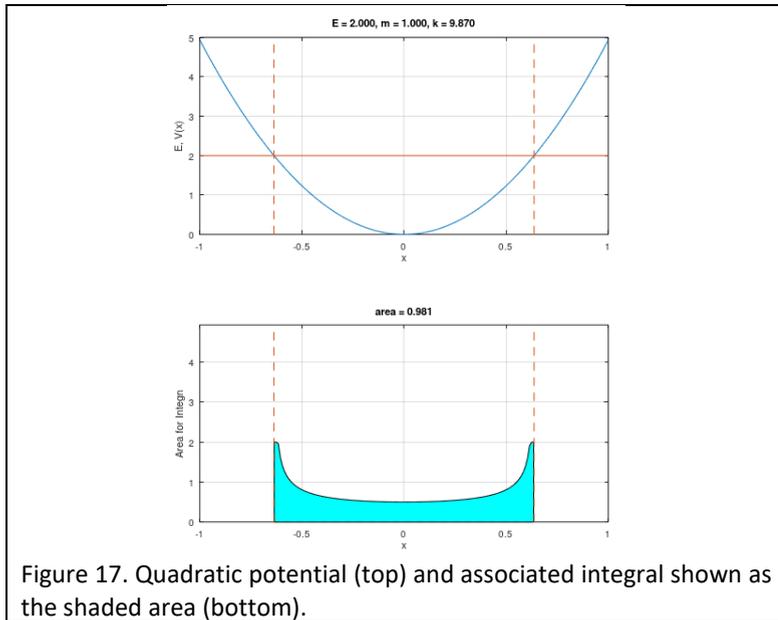


Figure 17. Quadratic potential (top) and associated integral shown as the shaded area (bottom).

1

2 The integral is calculated from when the ball starts on the left (at
 3 $x \approx -0.64$) and ends up on the right (at $x \approx 0.64$) and has a value
 4 of (at $t \approx 0.98$ s), this is calculated numerically. This motion of the
 5 ball is just one half the period of oscillation, so the period is $T =$
 6 $2 \times 0.98 = 1.96$ s. This system had the coefficients $m = 1$ and $k =$
 7 9.87 which would result in a period $T = 2\pi\sqrt{1/9.87} = 2$ s so we
 8 see agreement is good.

9 So we see how to calculate period T from the energy curve

$$10 \quad T = 2 \int \sqrt{\frac{m}{2(E - V)}} dx, \quad (69)$$

11 where we integrate between the x -extrema of the position.

12 1.5.4 Why the Quadratic Potential is Special

13 Let's use the energy integral to find the period of an oscillator with
 14 $V(x) = \frac{1}{2}kx^2$. Often nasty integrals like the energy integral can be
 15 conquered by substitution, which we shall do here, using $E =$
 16 $\frac{1}{2}kx_0^2$, then eq.68 becomes

$$17 \quad t = \sqrt{\frac{m}{k}} \int \frac{1}{\sqrt{(x_0^2 - x^2)}} dx \quad (70)$$

1 No we can write $x = x_0 \sin \theta$ and using $dx = x_0 \cos \theta d\theta$ we
 2 have

$$3 \quad t = \sqrt{\frac{m}{k}} \int \frac{1}{\sqrt{\cos^2 \theta}} x_0 \cos \theta d\theta \quad (71)$$

$$4 \quad = \sqrt{\frac{m}{k}} \theta + t_0,$$

5 where t_0 is a constant of integration. Substituting for θ we have

$$6 \quad t = \sqrt{\frac{m}{k}} \sin^{-1}(x/x_0) + t_0, \quad (72)$$

7 and we end up with the solution

$$8 \quad x = x_0 \sin(\omega(t - t_0))$$

$$9 \quad = \sqrt{\frac{2E}{k}} \sin(\omega(t - t_0)), \quad (73)$$

10 where $\omega = \sqrt{k/m}$ is our familiar oscillation frequency. The main
 11 point to note is that the total energy E does not contribute to the
 12 frequency term, only to the oscillation amplitude. That's the special
 13 thing about a quadratic potential; the frequency of oscillation is
 14 independent of the amplitude.

15 Now what about the area under the integrand graph we mentioned
 16 above. The period is proportional to this area, so it must be the same
 17 whatever the value of E . Figure.18 shows the area for $E=2$ and $E=3$.
 18 For the larger E the area is wider but not so high, on average. The
 19 area for the smaller E is higher but less narrow. So they are equal.



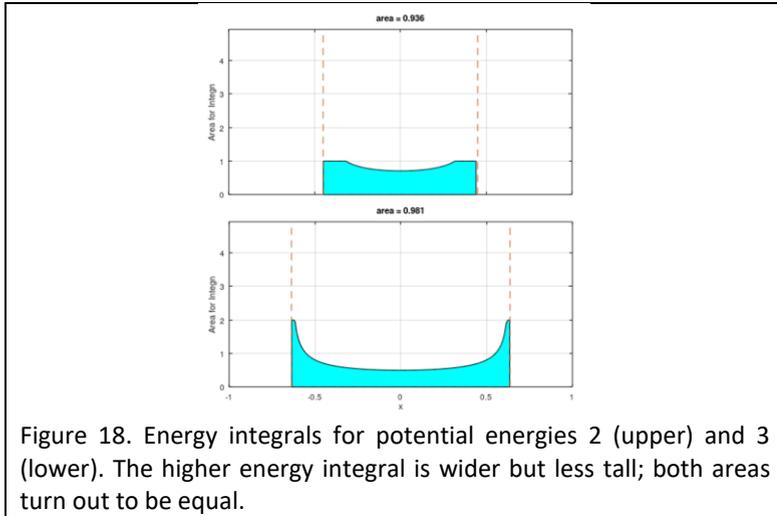


Figure 18. Energy integrals for potential energies 2 (upper) and 3 (lower). The higher energy integral is wider but less tall; both areas turn out to be equal.

1

2 1.5.5 How to deal with a General Potential Function

3 We have already seen how to do this; eq.69 shows us how to, in
 4 theory, calculate the period of oscillation if we know how the
 5 potential $V(x)$ varies with x . So how do we do this *in practice*?
 6 Well, we resort to a *numerical* integration of the integral. This will
 7 always work, but we need to pay attention to the limits of
 8 integration where $E - V = 0$, so we need to take numerical care.

9 One situation which recurs across a number of areas of physics is
 10 where the potential has the form shown in Fig.19.

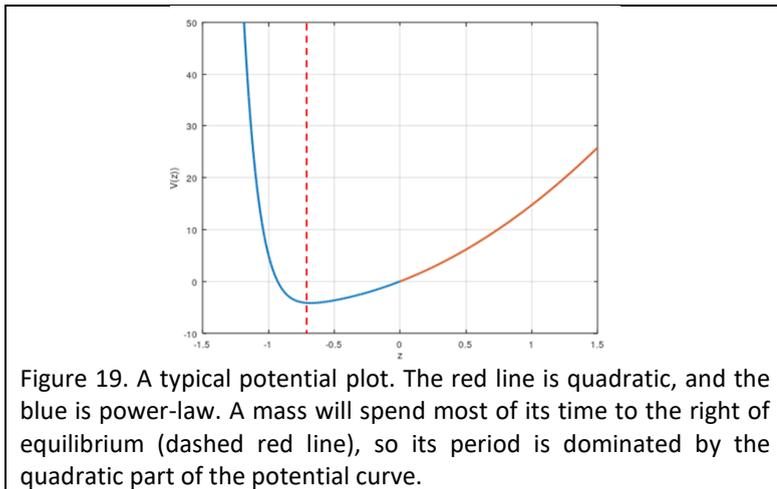


Figure 19. A typical potential plot. The red line is quadratic, and the blue is power-law. A mass will spend most of its time to the right of equilibrium (dashed red line), so its period is dominated by the quadratic part of the potential curve.

11

1 The potential has a minimum around $x = -0.7$, (shown by the red
 2 dashed line); to the right of this, the potential is quadratic, but to
 3 the left it rises as a power law $\sim x^n$. Think of a ball moving on such
 4 a potential curve, how does it behave? When the ball is to the right
 5 of the red line it experiences a quadratic potential, so all of our
 6 arguments above apply. It will spend a significant time here. But to
 7 the left of the dotted line, the potential rises rapidly (so the ball
 8 experiences a very large restoring force), so it will spend a small
 9 time in this region. We conclude that its period will be dominated
 10 by the quadratic region, and this will be approximately one half of
 11 the period calculated from eq.69.

12 1.5.6 Oscillations around a General Potential Minimum

13 Let's return to the idea of *equilibrium* and we assume we are
 14 talking about a *stable* equilibrium. This is a point x_0 where the
 15 force is zero, $F(x_0) = 0$. Since the force is given by the negative
 16 of the derivative of the potential, we have $dV(x_0)/dx = 0$.

17 Consider the situation shown in Figure 20 where we have a local
 18 potential minimum at x_0 , and consider a small disturbance ξ from
 19 this point.

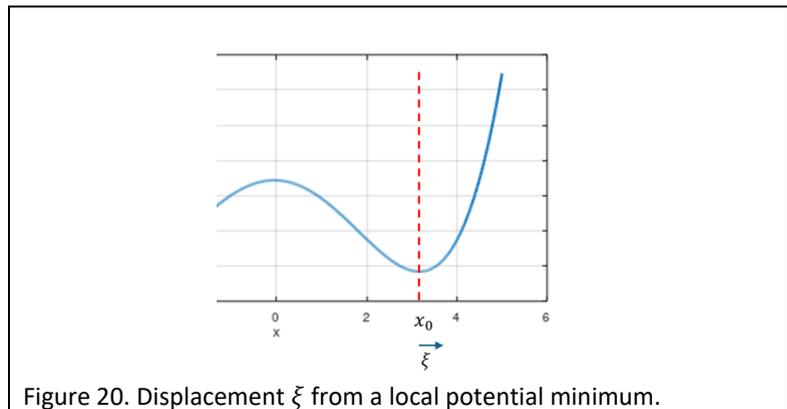


Figure 20. Displacement ξ from a local potential minimum.

20

21 We can expand the potential as our usual Taylor series

$$22 \quad V(x_0 + \xi) = V(x_0) + V'(x_0)\xi + O(\xi^2). \quad (74)$$

23 We need the derivative of V to construct the equation of motion
 24 which is

$$25 \quad V'(x_0 + \xi) = V'(x_0) + V''(x_0)\xi + O(\xi^2). \quad (75)$$

26 Since $V'(x_0) = 0$ we have

1
$$m\ddot{\xi} = -V''(x_0)\xi, \quad (76)$$

2 which has a harmonic solution with frequency

3
$$\omega = \sqrt{\frac{V''(x_0)}{m}}. \quad (77)$$

4 This is a very useful expression to calculate the frequency of small-
5 amplitude oscillations around a potential minimum. Of course it
6 assumes that $V''(x_0) \neq 0$; if that is not the case, then further terms
7 in the series will need to be considered.

Example. Take our mass on a spring with $V(x) = \frac{1}{2}kx^2$ and we wish to find the oscillation frequency around $x=0$. We see that $V'(0) = 0$ and that $V''(0) = k$ so our frequency is $\omega = \sqrt{k/m}$ as we very well know.

8

9

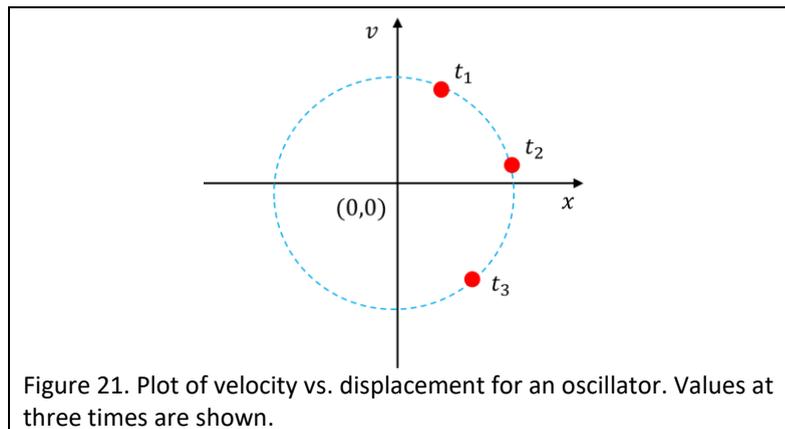
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11

1 1.6 The Phase Plane

2 1.6.1 The Concept of the Phase Plane

3 We know that oscillating systems are modelled as 2nd-order ODEs
 4 which means that there are two variables, position and velocity,
 5 that change with time. For each system we can therefore plot two
 6 curves, one of position against time, and the other velocity against
 7 time. At each moment in time, the oscillator can be described as
 8 vector (position, velocity). So we could plot this vector (point) on
 9 axes comprising position and velocity; look at Fig21. At time t_1



10 the mass has a small positive displacement and a large positive
 11 velocity, so its displacement will increase. Later at t_2 the
 12 displacement has indeed increased, but its velocity has decreased.
 13 At time t_3 the velocity is negative, the mass has turned around
 14 and is coming back, and its displacement has reduced. Note that we
 15 have suggestively added a dashed circle and this suggests that the
 16 oscillator is moving around this circle. In fact, if we plotted points
 17 at very small time intervals then we would end up with a nice curve,
 18 and this would be a circle.

19 Such an x - v plane is known as the *phase plane* and is of great use
 20 in describing and understanding oscillations. But the real beauty of
 21 the phase plane is that it can easily be applied to non-linear
 22 oscillators as we shall see in section 1.6.4.

23 1.6.2 The Phase Plane for our undamped oscillator

24 We already know how to construct the phase plane for our
 25 oscillator, since we know its position as a function of time. So each
 26 point on the phase plane can be plotted from

Chapter 1 Introduction to Oscillations 33

$$1 \quad x(t) = A \cos \omega t \quad v(t) = -\omega A \sin \omega t. \quad (78)$$

2 In other words, these points lie on an *ellipse* as shown in Fig.22.
 3 They do not lie on a circle, since there is an additional factor ω in
 4 the expression for v .

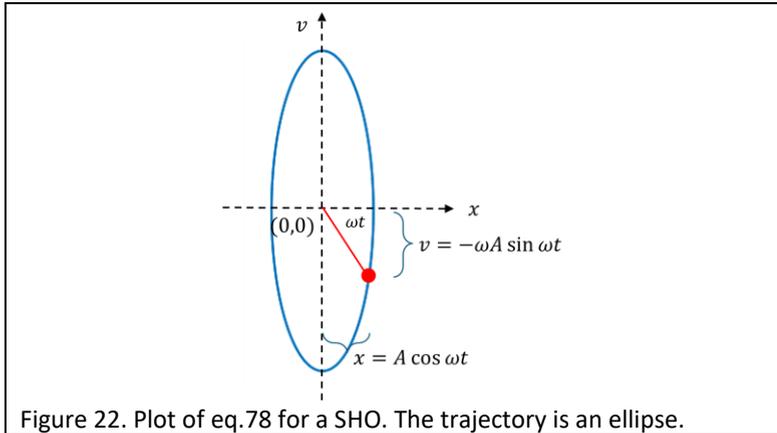


Figure 22. Plot of eq.78 for a SHO. The trajectory is an ellipse.

5 Now it would be nice if we could arrange things to get the trajectory
 6 to be a circle. Why? Well, the changing radius of the ellipse as we
 7 travel around does not really give us any real-time information
 8 about how the oscillations may develop in time; it is simply a
 9 consequence of scaling by ω . Perhaps in more complicated
 10 situations the radius might be able to give us some interesting
 11 information, after all, simple harmonic motion is the simplest
 12 possible.

13 It's easy to arrange this, all we need to do is to scale the velocity by
 14 ω so that we have $v = \omega v'$ where v' is our new rescaled velocity.
 15 Then we can replace eq.78 with

$$16 \quad x(t) = A \cos \omega t \quad v'(t) \frac{v(t)}{\omega} = -A \sin \omega t, \quad (79)$$

17 and so we end up with the trajectory shown in Fig.23, a nice
 18 circle.

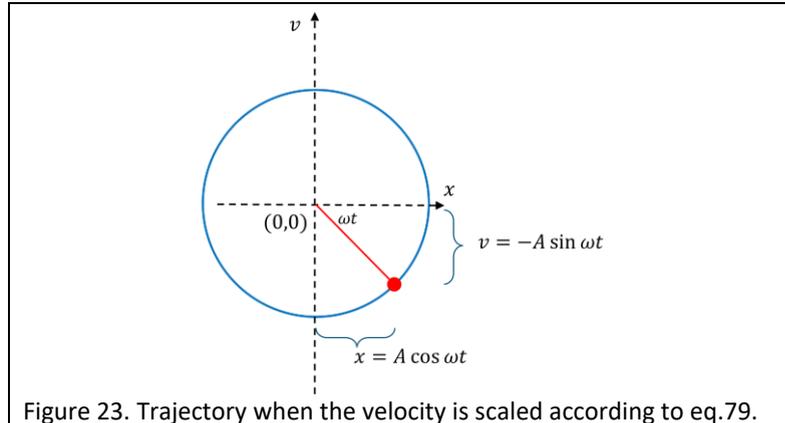


Figure 23. Trajectory when the velocity is scaled according to eq.79.

1 As time increases so does ωt and so the red point rotates clockwise.

2 1.6.3 From a 2nd-order ODE to the Phase Plane

3 We hope you enjoyed the discussion of the phase plane above, but
 4 this is not how phase planes are used. In the above, we started with
 5 the *solution* $x(t) = A \cos \omega t$, but in most cases we do not know
 6 the solution; instead we have the ODEs for the oscillator problem.
 7 Here we shall see how we can construct a phase plane starting from
 8 the ODEs and that might help us find an analytical solution.

9 The simple harmonic oscillator is described by a 2nd-order
 10 differential equation in x , but to make a phase plane we need
 11 information about how both x and v change with time, so we need
 12 a 1st-order equation for x , and a second 1st-order equation for v .
 13 Here's how we get them. Let's start by unpicking our 2nd-order
 14 equation.

$$15 \quad \frac{d^2x}{dt^2} = -\omega_0^2 x, \quad \text{i.e.,} \quad \frac{d}{dt} \left(\frac{dx}{dt} \right) = -\omega_0^2 x,$$

16 i.e.,

$$17 \quad \frac{dv}{dt} = -\omega_0^2 x, \quad \text{where} \quad \frac{dx}{dt} = v. \quad (80)$$

18 So we now have two 1st-order ODEs which we could use to
 19 construct the phase plane. But we won't since they are not
 20 symmetrical; the equation for v is scaled by ω_0^2 and we would like
 21 to remove this asymmetry. You have seen this before when we
 22 converted the ellipse into a circle by *rescaling* velocity, so let's try
 23 it here writing $v = \omega_0 v'$, and substitution gives us immediately

$$\frac{dv'}{dt} = -\omega_0 x, \quad \text{and} \quad \frac{dx}{dt} = \omega_0 v'. \quad (81)$$

Now we can see how to construct a phase plane. Ultimately this will be programmed, but let's do it by hand (that'll explain how to code the algorithm). We need to see what's happening at a small number of points on the phase plane, e.g., $(x, v) = (1, 1)$, $(1, -1)$, $(-1, -1)$ and $(-1, 1)$. We can plug these coordinates into eq.81 and look at the derivatives we get back. Let's take $\omega_0 = 1$; so we build up a table like this:

x	v	dx/dt	dv/dt
1	1	1	-1
1	-1	-1	-1
-1	-1	-1	1
-1	1	1	1

We use the derivatives as follows. At each point (x, v) we create and plot a little vector $(\Delta x, \Delta v)$ using the idea that $\Delta x \approx (dx/dt)\Delta t$ and the same for v . So, using the same Δt we can get the relative sizes of Δx and Δv and so draw our vectors. Fig.24 shows the results for our tabulated values.

You can see that all the arrows have the same length, and it's not hard to see that they define a circular trajectory as we have seen, and moreover the direction is clockwise as we saw above. So we have reproduced the phase diagram we saw, but starting from the ODE description of the oscillator and not from the solution!

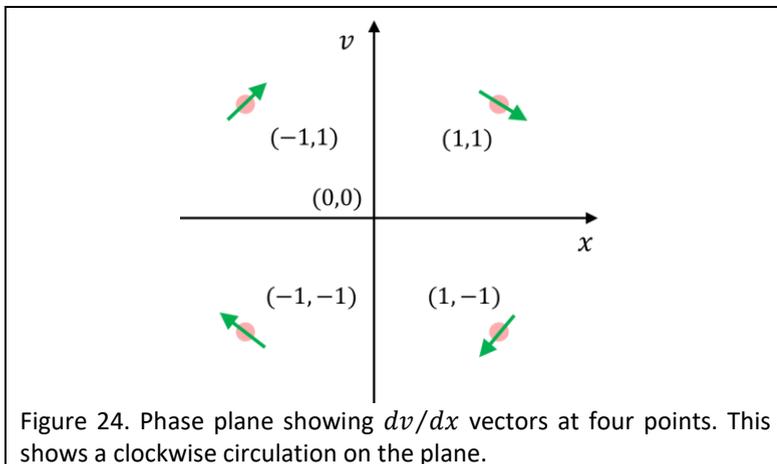
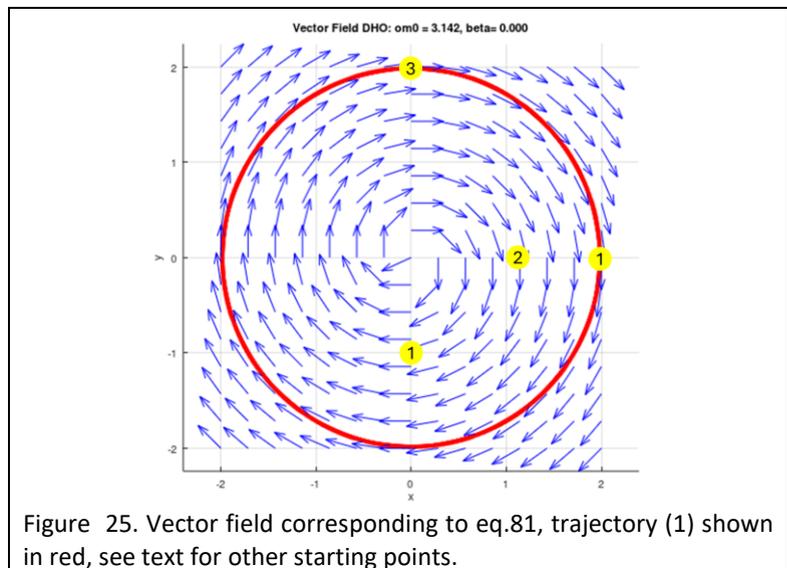


Figure 24. Phase plane showing dv/dx vectors at four points. This shows a clockwise circulation on the plane.

1 Let's think about the values of (x,v) we chose. It's not hard to see
 2 that if we had used $(0.5,0.5)$ etc., then we would have obtained a
 3 circle with a smaller radius. So it looks as though we are finding
 4 solutions to the ODEs for different initial conditions, and the result
 5 is solutions with different amplitudes.

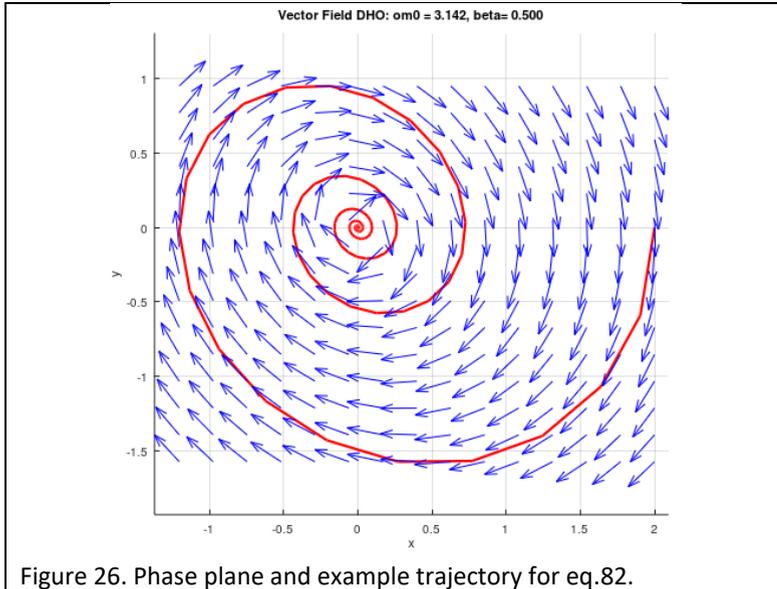
6 But it gets better. We calculated the vectors at just 4 points in the
 7 phase plane, but why not over the whole phase plane, (well at least
 8 at a grid of points). Then we would get a *vector field* as shown in
 9 Fig.25. The blue arrows show the field and the red circle a
 10 trajectory for initial conditions $(x,v) = (1,0)$, point 1, or $(0,2)$, point
 11 3. You can see that starting at point 1 or 2 would result in a circle
 12 of smaller radius, corresponding to oscillations of lower amplitude.



13 Finally, let's have a look at the trajectories when we have included
 14 damping. Now the equations, with velocity rescaled, look like this,

$$15 \quad \frac{dv'}{dt} = -\omega_0 x - 2\beta v', \quad \text{and} \quad \frac{dx}{dt} = \omega_0 v', \quad (82)$$

16 and here's the vector field for $\beta = 0.5$. You can see how this really
 17 captures the behaviour of the damped oscillator, the ICs are (x, v)
 18 $= (2,0)$ and we rotate along a spiral curve as both x and v get smaller
 19 with time due to the damping. Finally, we arrive at $(0,0)$, no
 20 displacement, no velocity, no bambino, Fig.26.



1

2

1.6.4 Phase Plane for a non-linear oscillator

3 Just for fun, let's have a look at a non-linear oscillator and discover
 4 what the phase plane can tell us about its phenomena. We shall
 5 have a closer look at non-linear oscillators in **Chapter??**, but I say
 6 again the following discussion is just for fun.

7 The Van der Pol oscillator was conceived to model oscillations in
 8 an electronic circuit using vacuum tubes, long before transistors
 9 were invented; Balthasar van der Pol was a Dutch engineer who
 10 did this work in the 1920s. It was later used to model the human
 11 heart.

12 Here it is expressed as our usual pair of 1st-order ODEs, where e is
 13 the only parameter which is positive.

$$14 \quad \frac{dx}{dt} = v', \quad \frac{dv'}{dt} = -x - e(x^2 - 1)v'. \quad (83)$$

15 You will recognize that this is based on our SHO, the only
 16 difference is in the 2nd term on the right of the second ODE, and
 17 this term is interesting.

18 The term $-e(x^2 - 1)v'$, contains the factor in brackets that
 19 multiplies the velocity v' , and we know that a term in v' means
 20 damping. But look at the bracketed term; when $x > 1$ then this is
 21 positive, so the whole damping term is negative; it is really

1 damping. But when $x < 1$ then the damping term is positive, so it
 2 actually is anti-damping pushing energy into the system. So
 3 oscillations of initially small amplitude should grow, and
 4 oscillations of initially large amplitudes should shrink. Let's see
 5 what happens; glance at Figure 27.

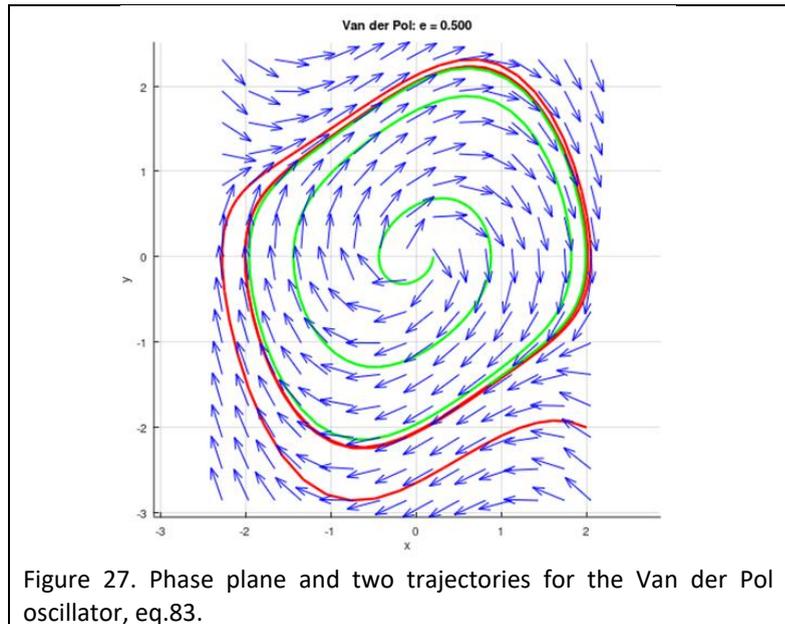


Figure 27. Phase plane and two trajectories for the Van der Pol oscillator, eq.83.

6 The red trajectory is shown for ICs $(x, v) = (2, -2)$ so $x > 1$, and
 7 the curve spirals inwards but gets stuck in a curve (which resembles
 8 a rounded, tilted rectangle). The green trajectory starts at $(0.2, 0)$
 9 so $x < 1$, and the curve spirals outwards until it gets stuck in that
 10 same curve. This curve is called a *limit cycle*, and you can just
 11 about see that curves from all ICs will end up in this limit cycle.
 12 This is a fantastic and unique property of non-linear oscillators,
 13 which kept our vacuum tube radios working, and still keeps our
 14 hearts beating. Wherever the oscillator starts on the phase plane, it
 15 will always be *attracted* to and end up on the limit cycle. If at any
 16 time it is on the limit cycle, and suffers a small jolt which takes it
 17 off the limit cycle, then it will go back. Such a limit cycle is called
 18 an *attractor*.

1 1.7 The Complex Number Approach

2 1.7.1 The Rotating Vector Representation

3 One demonstration you may have seen is the light projection of a
 4 peg on a rotating disc onto a screen. Fig.28 shows (a) the
 5 experiment in PhysLab and (b) the corresponding diagram.

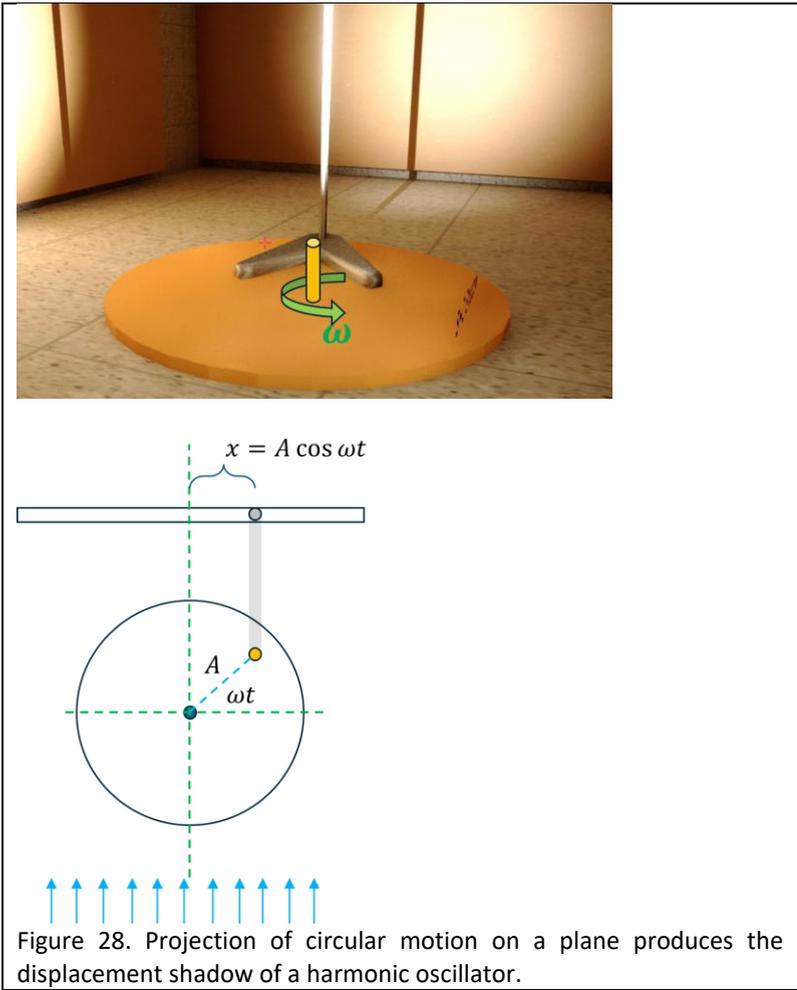


Figure 28. Projection of circular motion on a plane produces the displacement shadow of a harmonic oscillator.

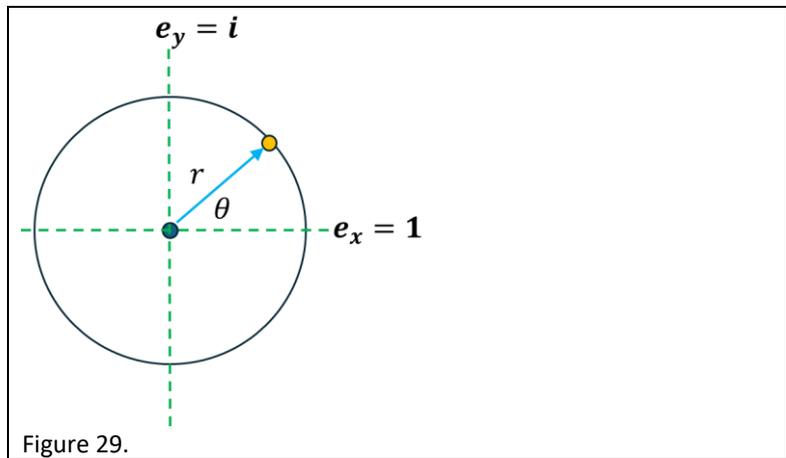
6 So, as the peg rotates with angular velocity ωt , the parallel light
 7 casts a shadow of the peg at position $x(t) = A \cos \omega t$ on the
 8 screen. Of course, if we had another light shining in the orthogonal
 9 direction, then we would get a shadow at $y(t) = A \sin \omega t$ on the
 10 other wall (just visible in the above image). We don't need this
 11 additional shadow to get our SHM expression, so we discard it.
 12 Nevertheless, what this demonstration does show is an intimate

1 connection between circular motion and SHM. Circular motion
2 contains some extra information we don't need - the sin shadow.

3 The essence of the above is that SHM can be considered as using
4 the number pair $(A, \omega t)$, and then taking the cos part and discarding
5 the sin part. Wouldn't it be nice if we could write this number pair
6 as a single number \hat{z} (of a different type) and use this in our
7 calculations. Such numbers are called *complex* which we now need
8 to understand.

9 1.7.2 Vectors and Two special rotations

10 Let's consider a point on a circle with radius r and angle θ i.e., with
11 polar coordinates (r, θ) , Fig.29.



12

13 Using the *basis* vectors \mathbf{e}_x and \mathbf{e}_y (these are vectors of unit length
14 defining the directions of the x and y axes, and all vectors are bold)
15 we can express this point as a vector

$$16 \quad \mathbf{r} = \mathbf{e}_x \cos \theta + \mathbf{e}_y \sin \theta, \quad (84)$$

17 or changing notation, setting $\mathbf{e}_x = \mathbf{1}$ and $\mathbf{e}_y = \mathbf{i}$

$$18 \quad \mathbf{r} = \mathbf{1} \cos \theta + \mathbf{i} \sin \theta, \quad (85)$$

19 and dropping the $\mathbf{1}$ gives the result

$$20 \quad \mathbf{r} = \cos \theta + \mathbf{i} \sin \theta. \quad (86)$$

21 So, all we've done here is a bit of vector maths. Now let's take a
22 vector $\mathbf{r} = \mathbf{1}$ and let's rotate the vector by 90° anti-clockwise;

Chapter 1 Introduction to Oscillations 41

1 Fig.30(a) and (b) shows this. The vectors before and after rotation
2 are

$$3 \quad \mathbf{r} = \mathbf{1}, \quad \mathbf{r}' = \mathbf{i}, \quad (87)$$

4 so we see this rotation is equivalent to multiplying \mathbf{r} by \mathbf{i} .

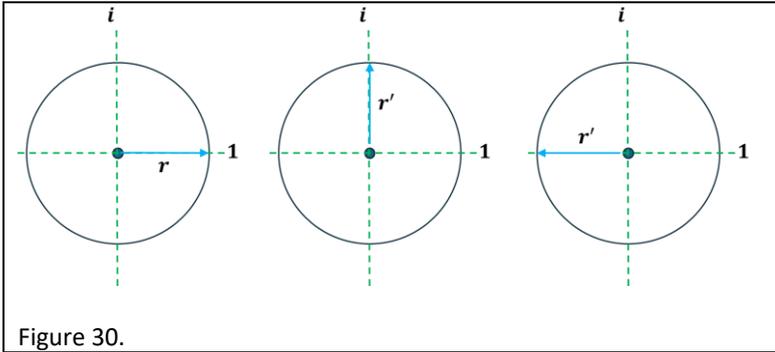


Figure 30.

5 Now let's rotate by 180° Fig.30(c). Here we have

$$6 \quad \mathbf{r} = \mathbf{1}, \quad \mathbf{r}' = -\mathbf{1}, \quad (88)$$

7 which is equivalent to multiplying \mathbf{r} by $-\mathbf{1}$. But a 180° rotation is
8 just two successive 90° rotations, so we have

$$9 \quad -\mathbf{1}\mathbf{r} = \mathbf{i}^2\mathbf{r}, \quad (89)$$

10 from which we find

$$11 \quad \mathbf{i} = \sqrt{-1},$$

12 which is a pure *imaginary* number. Perhaps you are sceptical, so
13 let's take the general vector in Fig.31 and rotate it by 90° .

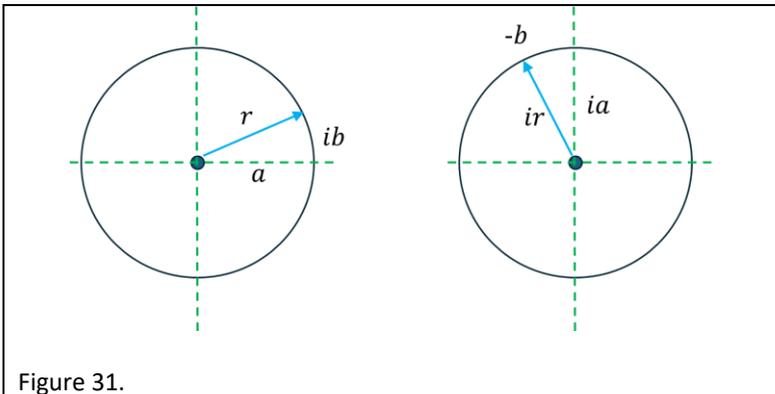


Figure 31.

14 So we start off with (I'll stop the bold stuff)

$$15 \quad \mathbf{r} = \mathbf{a} + \mathbf{i}\mathbf{b},$$

1 and we rotate 90° anti-clockwise

2
$$ir = i(a + ib) = ia + i^2b = ia - b,$$

3 which you can see is correct.

4 Now let's pause to think about what we have been doing here from
 5 a higher view. We have been manipulating *algebraic expressions*,
 6 and we have found a link with their *geometrical results*. So, we are
 7 suggesting that there is a magical relationship between *algebra* and
 8 *geometry*. We shall explore this further in the next section. Also,
 9 an expression of the form $a + ib$ is a mix of a real number a and an
 10 imaginary number ib ; such a mix is called a *complex number*.
 11 When we shall use complex numbers in various expressions and
 12 derivations, we shall end up with a complex number, and we accept
 13 that the imaginary part will have no physical significance, so we
 14 shall discard this part. That's just like discarding the sin shadow in
 15 the demonstration experiment we started with. I hope you see how
 16 things hang together.

17 **1.7.3 The Complex Exponential**

18 In the above discussions, we have drawn diagrams where a point
 19 can be represented as a complex number $a + ib$ but also in terms of
 20 its polar coordinates (r, θ) . So we must ask, is there any
 21 relationship between the angle θ and the complex number
 22 $\cos \theta + i \sin \theta$? It turns out there is, and this is one of the most
 23 beautiful results in mathematics established by Euler in 1747. We
 24 state it here, then show why it works.

25
$$e^{i\theta} = \cos \theta + i \sin \theta. \quad (90)$$

26 Let's tabulate the Taylor expansion of the three terms in eq.90
 27 where we add the terms in the rightmost columns.

$e^{i\theta}$	1	$i\theta$	$\frac{1}{2!}(i\theta)^2$	$\frac{1}{3!}(i\theta)^3$	$\frac{1}{4!}(i\theta)^4$	$\frac{1}{5!}(i\theta)^5$
	1	$i\theta$	$-\frac{1}{2!}\theta^2$	$-i\frac{1}{3!}\theta^3$	$\frac{1}{4!}\theta^4$	$i\frac{1}{5!}\theta^5$
$\cos \theta$	1		$-\frac{1}{2!}\theta^2$		$\frac{1}{4!}\theta^4$	
$i \sin \theta$		$i\theta$		$-i\frac{1}{3!}\theta^3$		$i\frac{1}{5!}\theta^5$

28 We can see how $e^{i\theta}$ expands to alternately give the terms for the
 29 $\cos \theta$ and $i \sin \theta$. Nice eh?

Chapter 1 Introduction to Oscillations 43

1 Before we apply all of this to our oscillation theory, there is one
2 more beautiful result which we shall need. Consider the complex
3 number³ $\hat{z} = re^{i\theta}$. Let's see what happens when we differentiate it

$$4 \quad \frac{d\hat{z}}{d\theta} = ire^{i\theta} = i\hat{z}, \quad (91)$$

5 and on the right hand side we recognize $i\hat{z}$ as the complex
6 number \hat{z} having been rotated anti-clockwise by 90° . So
7 algebraic differentiation is equivalent to a geometrical
8 rotation. This will be incredibly useful in our study of
9 oscillations, since through their ODEs we are differentiating all
10 the time! Again complex numbers bridge algebra and
11 geometry.

12 1.7.4 Linking with Simple Harmonic Motion

13 To take another step forward in our understanding of complex
14 numbers, let's apply them to the SHO we have already seen. We
15 have the ODE and a candidate solution

$$16 \quad \frac{d^2y}{dt^2} = -\frac{k}{m}y, \quad y(t) = A \cos(\omega t + \varphi). \quad (92)$$

17 So our angle $\theta = \omega t + \varphi$ and we look for a complex solution of
18 the form

$$19 \quad \hat{z} = Ae^{i(\omega t + \varphi)} = Ae^{i\omega t}e^{i\varphi}. \quad (93)$$

20 We form the first and second derivatives as usual, and assume A
21 is constant

$$22 \quad \dot{\hat{z}} = i\omega Ae^{i(\omega t + \varphi)} = i\omega\hat{z}, \quad (94)$$

$$23 \quad \ddot{\hat{z}} = (i\omega)^2 e^{i(\omega t + \varphi)} = -\omega^2\hat{z}, \quad (95)$$

24 and we substitute into eq.92 to check all is well

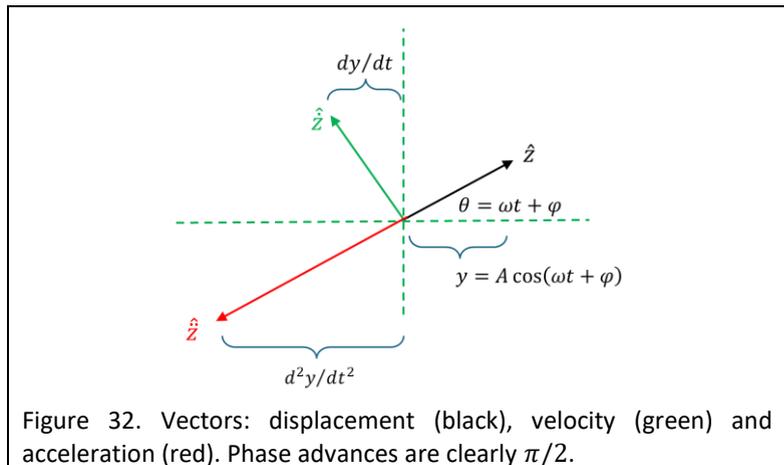
$$25 \quad -\omega^2\hat{z} = \frac{k}{m}\hat{z}, \quad (96)$$

26 and thankfully, we recover eq.7. If you want to repeat the above
27 development using trig functions and complex numbers, please go

³ We shall denote a complex number using a hat like this \hat{z} while any real variables will be hat-less.

1 ahead, but it will take you some effort; this could be a useful
2 exercise in appreciating the power of complex numbers.

3 So, we have taken the algebraic approach, but we know that there
4 is an associated geometrical representation, so let's look at this,
5 Fig.32. The vectors \hat{z} , $\dot{\hat{z}}$, and $\ddot{\hat{z}}$ have been drawn in different colors
6 since they are different quantities with different units. Their sizes
7 have been chosen to reflect $\omega > 1$. Each vector shows a phase
8 advance by $\pi/2$ over its predecessor. As time runs on you must see
9 the group of vectors rotating in an anti-clockwise direction but



10 maintaining the same phase difference between each. Also shown
11 are the projections (shadows) of the complex quantities on the real
12 (horizontal) axis; these are the observables. If you wish to calculate
13 these, please go ahead,

$$14 \quad y(t) = A \cos(\omega t + \varphi),$$

$$15 \quad \dot{y}(t) = -\omega A \sin(\omega t + \varphi),$$

$$16 \quad \ddot{y}(t) = -\omega^2 A \cos(\omega t + \varphi). \quad (97)$$

17 You might be able to see the phase difference between these
18 equations, but I think you'll agree this is more explicit using
19 complex numbers and their geometrical representation.

20 1.8 Damped Harmonic Motion

21 1.8.1 A Straightforward Approach

22 Here's our first major application of complex numbers to a serious
23 problem. The ODE for damped harmonic motion using complex
24 variables is just

Chapter 1 Introduction to Oscillations 45

$$\hat{z} + 2\beta\dot{\hat{z}} + \omega_0^2\hat{z} = 0, \quad (98)$$

where $\omega_0^2 = k/m$ is the natural frequency of undamped oscillations of the mass. We then take a guess at a solution and write down its first and second derivatives (multiplying by $i\omega$). Note that in our guess we use a different angular frequency ω since we must not assume the damped oscillation frequency is ω_0 . We have two arbitrary coefficients in our guess, A and φ .

$$\begin{aligned} \hat{z} &= Ae^{i(\omega t + \varphi)}, \\ \dot{\hat{z}} &= i\omega\hat{z}, \\ \ddot{\hat{z}} &= -\omega^2\hat{z}, \end{aligned} \quad (99)$$

and substituting into eq.98 we find

$$-\omega^2 + 2i\beta\omega + \omega_0^2 = 0. \quad (100)$$

Now this is a quadratic equation in unknown ω which we can easily solve, but we must be careful, since eq.100 as it stands cannot be solved since we have two real terms and one imaginary term. There is nothing for the imaginary term to cancel with (to give 0), so we conclude that ω must be a *complex* frequency, whatever that may mean. We should have written the second line of eq.99 as $\dot{\hat{z}} = i\hat{\omega}\hat{z}$. We therefore express ω as a sum of a real part and an imaginary part

$$\hat{\omega} = \omega_R + i\omega_I, \quad (101)$$

where both ω_R and ω_I are real. Substituting into eq.100

$$\begin{aligned} (\omega_R + i\omega_I)^2 + 2i\beta(\omega_R + i\omega_I) + \omega_0^2 &= 0, \\ -\omega_R^2 + \omega_I^2 - 2i\omega_R\omega_I + 2i\beta\omega_R - 2\beta\omega_I + \omega_0^2 &= 0. \end{aligned} \quad (102)$$

Collecting real and imaginary parts

$$\begin{aligned} Re: \quad -\omega_R^2 + \omega_I^2 - 2\beta\omega_I + \omega_0^2 &= 0, \\ Im: \quad \omega_R\omega_I = \beta\omega_R, \end{aligned} \quad (103)$$

which leads to

$$\begin{aligned} 1 \quad & \omega_I = \beta, \\ 2 \quad & \omega_R^2 = \omega_0^2 - \beta^2. \quad (104) \end{aligned}$$

3 Now let's bring down our starting guess and insert the expression
4 for complex frequency $\hat{\omega}$

$$5 \quad \hat{z} = Ae^{i(\hat{\omega}t+\varphi)} = Ae^{-\omega_I t} e^{i(\omega_R t + \varphi)}, \quad (105)$$

6 and we see that the imaginary frequency part has specified a
7 *damping* term and the real part is a usual harmonic frequency.
8 Finally inserting eq.104 we end up with

$$9 \quad \hat{z} = Ae^{-\beta t} e^{i\left(\sqrt{\omega_0^2 - \beta^2}t + \varphi\right)}, \quad (106)$$

10 so damping has *reduced* the oscillation frequency from the
11 undamped free value ω_0 to the smaller value

$$12 \quad \omega = \sqrt{\omega_0^2 - \beta^2}. \quad (107)$$

13 Of course we are assuming small damping here with $\beta < \omega_0$; we'll
14 return to this later. But let's copy eq.?? and color code it,

$$\hat{z} = Ae^{-\beta t} e^{i\left(\sqrt{\omega_0^2 - \beta^2}t + \varphi\right)} \quad (108)$$

15 The factor shaded yellow corresponds to a vector rotating around a
16 circle with frequency ω ; the red damping factor can be interpreted
17 as a time-varying radius of the same circle. We shall develop this
18 idea in the following section.

19 Fig.33 shows plots of DHM. Top shows the displacement $y(t)$
20 together with the decay envelope, and bottom shows the velocity
21 $v(t)$ together with $y(t)$. You can see that the velocity *leads* the
22 displacement; peaks in velocity appear before peaks in
23 displacement. We shall soon see why this happens.

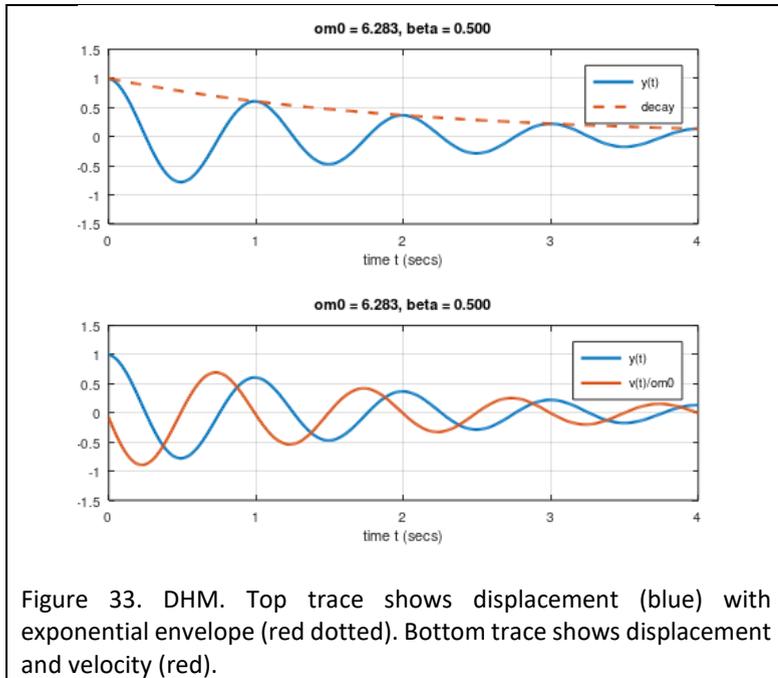


Figure 33. DHM. Top trace shows displacement (blue) with exponential envelope (red dotted). Bottom trace shows displacement and velocity (red).

1

2 1.8.2 An Alternative Approach

3 We noted at the end of the last explanation that the complex
 4 oscillation \hat{z} could be viewed as a vector rotating around a circle
 5 with constant frequency but whose radius was a function of time.
 6 So we are thinking of a solution of the form

$$7 \quad \hat{z} = r(t)e^{i\theta}, \quad (109)$$

8 where the real function $r(t)$ plays the role of a time-varying
 9 trajectory radius. We have also dropped the phase, as it was not
 10 instrumental in the above analysis, and have replaced ωt by θ ; all
 11 will become clear!

12 Now let's consider 'decoupling' the equation into two 1st-order
 13 equations, one for $\theta(t)$ and one for $r(t)$. The simplest we can
 14 imagine are

$$15 \quad \dot{\theta} = \omega,$$

$$16 \quad \dot{r} = -\gamma r, \quad (110)$$

17 and note we have not used any parameters in the ODE eq.110.
 18 Taking the derivatives of eq.109 we find

$$\hat{z} = \dot{r}e^{i\theta} + ir\dot{\theta}e^{i\theta}. \quad (111)$$

2 Bringing in our 1st-order guess, eq.109 we find

$$\hat{z} = -\gamma r e^{i\theta} + i\omega r e^{i\theta}, \quad (112)$$

$$\hat{z} = [\gamma^2 - 2\gamma i\omega r - \omega^2 r]e^{i\theta}, \quad (113)$$

5 and solving eq.112 for the rightmost term and inserting into
6 eq.113 we have

$$\hat{z} + 2\gamma\hat{z} + (\omega^2 + \gamma^2)\hat{z} = . \quad (114)$$

8 This has the same structure as eq.98, so we conclude our guess is
9 correct with

$$\gamma = \beta, \quad \omega^2 = \omega_0^2 - \beta^2. \quad (115)$$

11 Inserting these into our two 1st-order ODEs we have

$$\dot{\theta} = \sqrt{\omega_0^2 - \beta^2}, \quad \dot{r} = -\beta r. \quad (116)$$

13 Integrating these equations we find

$$\theta(t) = \sqrt{\omega_0^2 - \beta^2} t, \quad r(t) = e^{-\beta t}, \quad (117)$$

15 and so eq.109 becomes

$$\hat{z} = r(t)e^{i\theta} = e^{-\beta t} e^{i\sqrt{\omega_0^2 - \beta^2} t}, \quad (118)$$

17 which we have already seen, so everything looks good. The
18 takeaway from this analysis is decoupling the 2nd-order ODE into
19 one 1st-order equation for radius evolution and a second 1st-order
20 equation for angle evolution. Such an approach may be useful in
21 more advanced situations.

22 1.8.3 The Geometrics – Phase Angles

23 We have emphasized the correspondence between algebra and
24 geometry established using complex numbers. In the development
25 above, we neglected the geometrics because there was so much
26 going on with algebra. So now let's look at vectors and phases. We
27 are particularly interested in the phase difference between
28 displacement and velocity and displacement amplitude.

29 Let's start afresh with our guess less the arbitrary initial phase.

Chapter 1 Introduction to Oscillations 49

1
$$\hat{z} = Ae^{i\omega t}.$$

2 First, we find the velocity

3
$$\hat{z} = i\omega\hat{z} = (i\omega_R - \beta)\hat{z}, \quad (119)$$

4 which tells us how to create the velocity vector from the
 5 displacement vector, assuming it is pointing to the right. We draw
 6 the vector $i\omega_R\hat{z}$ on the imaginary axis and draw the vector $-\beta\hat{z}$ on
 7 the horizontal axis and add these together to give \hat{z} , shown in
 8 Fig.34 (green arrow). We see that the phase angle between
 9 displacement and velocity is just

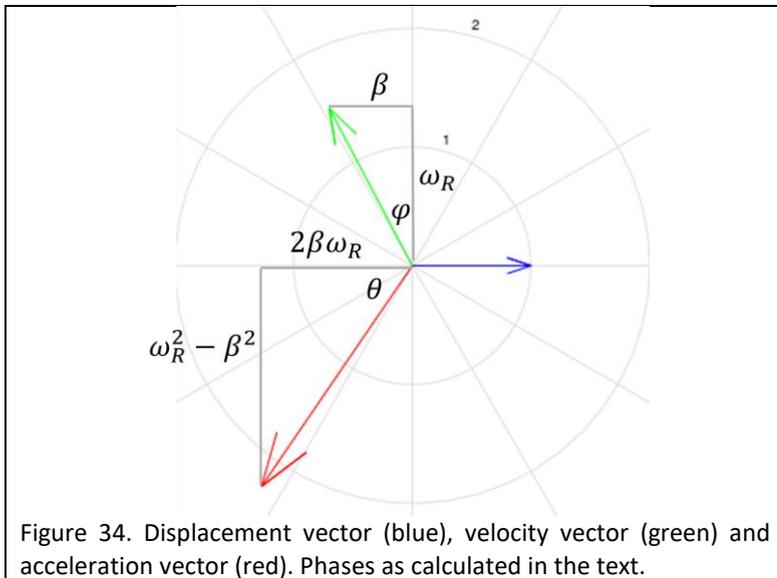
10
$$\varphi + \frac{\pi}{2}, \quad \text{where } \varphi = \tan^{-1} \frac{\beta}{\sqrt{\omega_0^2 - \beta^2}}, \quad (120)$$

11 and we see the velocity *leads* the displacement. If there is no
 12 damping then the lead is 90° , and this increases with damping.

13 To get the angle between acceleration and displacement, we have

14
$$\hat{z} = -\omega^2\hat{z} = -(\omega_R^2 - \beta^2)\hat{z} - 2i\beta\omega_R\hat{z}, \quad (121)$$

15 which tells us to draw a vector $-2\beta\omega_R\hat{z}$ on the real axis and
 16 $-(\omega_R^2 - \beta^2)\hat{z}$ on the imaginary axis, as shown in Fig.34



17 Following an unwelcome skirmish with algebra, it turns out
 18 that $\theta = 2\varphi$ so in Fig.34 the velocity leads the position by $\pi/2 +$
 19 φ and the acceleration also leads the velocity by $\pi/2 + \varphi$. As

1 expected, and shown above, both angles reduce to $\pi/2$ when there
 2 is no damping.

3 The takeaway from this is that there is a phase difference between
 4 position and velocity, and between velocity and acceleration for a
 5 DHO, and these differences increase with damping. So damping
 6 does more than progressively reduce the amplitude of oscillation.

7 1.9 Forced Damped Harmonic Motion

8 Here we shall take our simple mass-spring experiment and add a
 9 forcing term; an external force which varies harmonically,
 10 something like $F = F_0 \cos \omega t$ where ω is the frequency of the force
 11 which is not the same as the damped frequency of free oscillation
 12 of the mass. The resulting behaviour is quite complicated, so we'll
 13 build up a discussion in stages; a good place to start is to review
 14 some experimental results.

15 1.9.1 Some Experimental Results

16 The first thing we observe is that the position-time graph shows
 17 two stages; there is an initial *transient* state where the oscillation
 18 amplitude fluctuates, and a final *steady* state where the amplitude
 19 is constant, see Fig.35 You can see that the transient lasts just

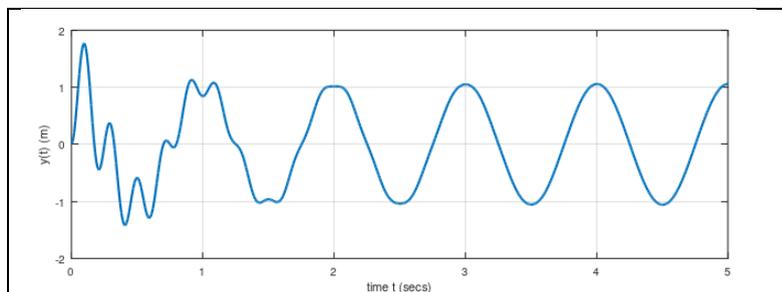


Figure 35. Driven Damped Harmonic Motion. Displacement time trace shows initial transient followed by a stable steady state.

20 over 2 secs after which we have a steady state. For this experiment
 21 the driving frequency is much lower than the natural frequency of
 22 oscillation. The transient is dominated by the natural frequency and
 23 the steady state by the forcing frequency. This behaviour is hardly
 24 surprising since we have a battle between the mass-spring which
 25 'wants' to oscillate at its natural frequency, and the applied force
 26 which demands the mass-spring oscillates at the *forcing* frequency.
 27 After enough time, the applied force wins the battle.

1 1.9.2 How to force an oscillator

2 Before we build the ODE describing the motion of the mass, we
 3 must decide how the force is to be applied. There are two choices;
 4 first we have the situation where the force is applied directly to the
 5 mass. This is the easiest to understand. A good example is electric
 6 hair-clippers shown exploded in Fig.36. A horizontal arm
 7 connected to the clippers is free to oscillate around pivot P. The
 8 arm is connected to the casing through a spring, and the force is
 9 applied directly to the arm from an electromagnet M.

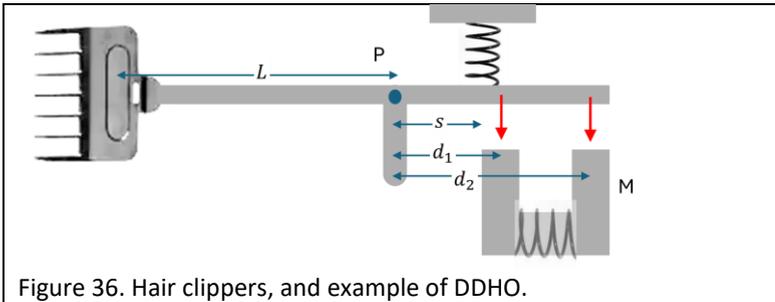


Figure 36. Hair clippers, and example of DDHO.

10 In this case we could construct the ODE,

11
$$mL^2\ddot{\theta} + b\dot{\theta} + ks \sin \theta = F(d_1, d_2, \theta) \cos \omega t, \quad (122)$$

12 where we are rotating around the pivot point, and the force is a
 13 function of the distances shown and also the angle of rotation.

14 The second excitation method involves an indirect application of
 15 the force, usually by displacing one end of the spring. A couple of
 16 examples spring to mind. First is a typical lab experiment where a
 17 mass is suspended from a spring attached to a vibrator; a transparent
 18 cylinder constrains the mass to move vertically Fig.37(a). A second
 19 example is a model of earthquakes causing a building to oscillate,
 20 Fig.37(b). Here the ground movement $x_g(t)$
 21 stretches the springs which exert a force indirectly on the mass.

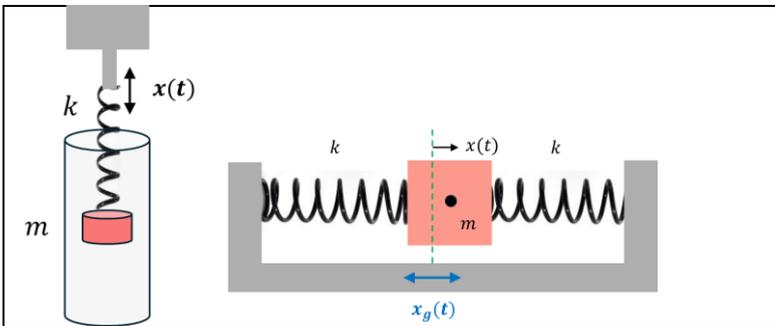


Figure 37. Two examples of indirect force application through a movement $x(t)$.

1 In this case the ODE becomes

$$2 \quad m\ddot{x} = -kx - b\dot{x} + kx_g(t), \quad (123)$$

3 where $x_g(t)$ could take on a harmonic form.

4

5 1.9.3 The Steady-state Solution

6 Let's now apply complex numbers and attempt to solve the ODE
7 expressed in terms of complex variables,

$$8 \quad \hat{z} + 2\beta\hat{z} + \omega_0^2\hat{z} = f_0e^{i\omega t}, \quad (124)$$

9 where f_0 is the amplitude of the driving force divided by the mass
10 (so all terms have units of acceleration) and the other symbols are
11 as usual.

12 For the steady-state solution, the amplitude does not vary, so we
13 need not include a damping term $r(t)$ in the solution. We do expect
14 a phase difference between force and displacement, so we must
15 include this in our guess. We therefore propose:

$$16 \quad \hat{z} = \hat{C}e^{i\omega t}, \quad (125)$$

17 where we have used the forcing frequency ω , (since we are in the
18 steady state where forcing and response frequencies are the same).
19 The complex amplitude \hat{C} is used to contain a possible phase shift

$$20 \quad (-\omega^2 + 2\beta i\omega + \omega_0^2)\hat{C}e^{i\omega t} = f_0e^{i\omega t}, \quad (126)$$

21 and so we have

$$22 \quad \hat{C} = \frac{f_0}{(-\omega^2 + 2\beta i\omega + \omega_0^2)}. \quad (127)$$

23 Now we can express the complex coefficient \hat{C} in its polar form
24 consisting of a real amplitude A and a real phase γ

$$25 \quad \hat{C} = Ae^{-i\gamma}. \quad (128)$$

26 We need to solve this for A to figure out how the response
27 amplitude depends on the forcing frequency and system

Chapter 1 Introduction to Oscillations 53

1 parameters. To do this we multiply eq.128 by its complex
2 conjugate,

$$\begin{aligned} 3 \quad A^2 &= \hat{C} \hat{C}^* = \frac{f_0}{(-\omega^2 + 2\beta i\omega + \omega_0^2)} \frac{f_0}{(-\omega^2 - 2\beta i\omega + \omega_0^2)} \\ 4 \quad &= \frac{f_0^2}{(\omega_0^2 - \omega^2)^2 + 4\beta^2 \omega^2}. \end{aligned} \quad (129)$$

5 That's half the work done; before we proceed, let's just plot out
6 curves of amplitude from eq.129 over a range of forcing
7 frequencies for a couple of values of damping, Fig.38. The forcing
8 frequency scale is expressed as multiples of ω_0 and we have also
9 shown the damping β as multiples of ω_0 .

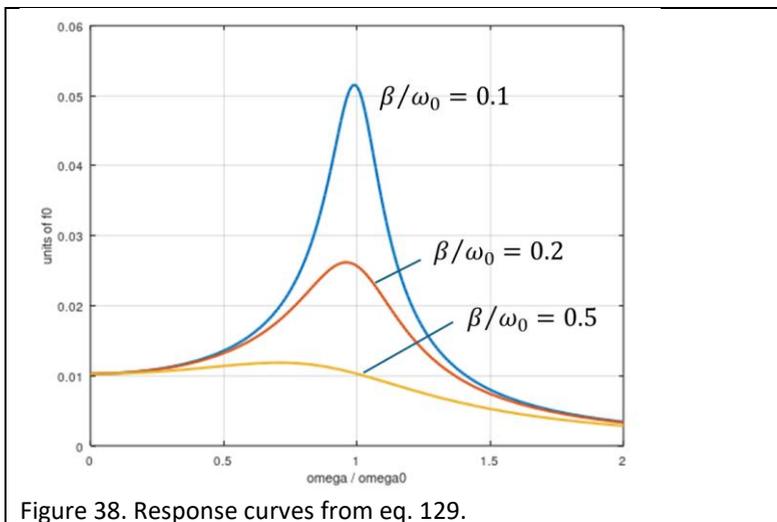


Figure 38. Response curves from eq. 129.

10 We shall discuss these curves in detail a little later on, but we can
11 note some important characteristics. First, the response amplitude
12 is maximum when the forcing frequency is close to the natural
13 frequency $\omega/\omega_0 \approx 1$. Second, the size of the response decreases
14 as damping is increased, hardly surprising since damping removes
15 energy from the system. Third, the response curve shows a peak
16 with a certain *width* and this width increases with increased
17 damping, so the system is less 'tuned' to the forcing. More on this
18 later.

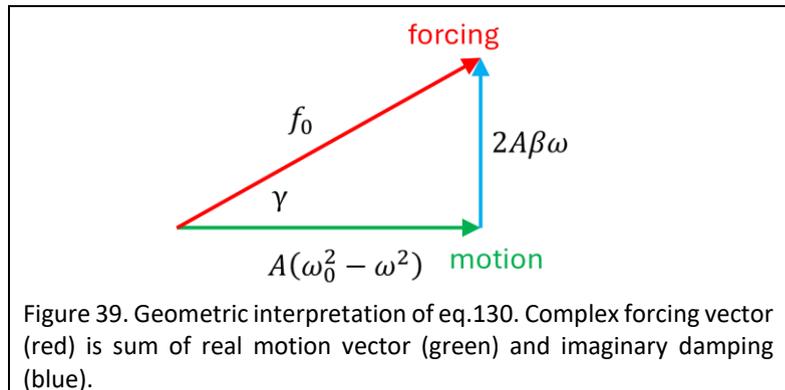
19 Now let's return to complete the solution to our system; we still
20 need an expression for the phase γ and, more to the point,
21 understand what this means. Remember that γ is the phase

1 difference by which the oscillator's motion lags behind its driving
2 force.

3 Combining eq.127 and eq.128 gives

$$4 \quad f_0 e^{i\gamma} = A(\omega_0^2 - \omega^2 + 2\beta i\omega). \quad (130)$$

5 Now we invoke the power of complex numbers; we can construct
6 the equivalent geometric form of eq.126. Consider the right-hand
7 side. This tells us to draw a horizontal vector $A(\omega_0^2 - \omega^2)$ which
8 is the real part of the right-hand side and then add on a vertical
9 vector $2A\beta\omega$ which is the imaginary part. Now the left-hand side
10 says draw a vector of length f_0 at an angle γ to the horizontal, and
11 these two vectors must be identical, since the equation says so. We
12 end up with the vector diagram drawn in Fig.39



13 Now we can easily obtain the phase γ ,

$$14 \quad \gamma = \tan^{-1}\left(\frac{2\beta\omega}{\omega_0^2 - \omega^2}\right). \quad (131)$$

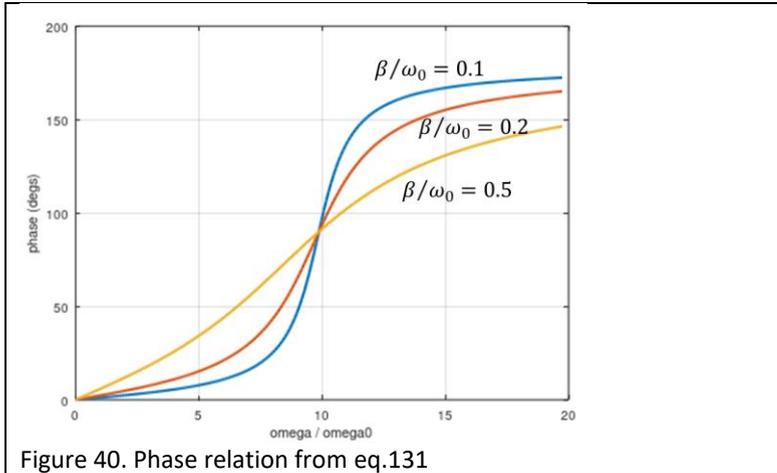
15 So our hunt for a solution to the ODE is now complete. The final
16 stage is to take the real part of

$$17 \quad \hat{z} = \hat{C} e^{i\omega t} = A e^{-i\gamma} e^{i\omega t},$$

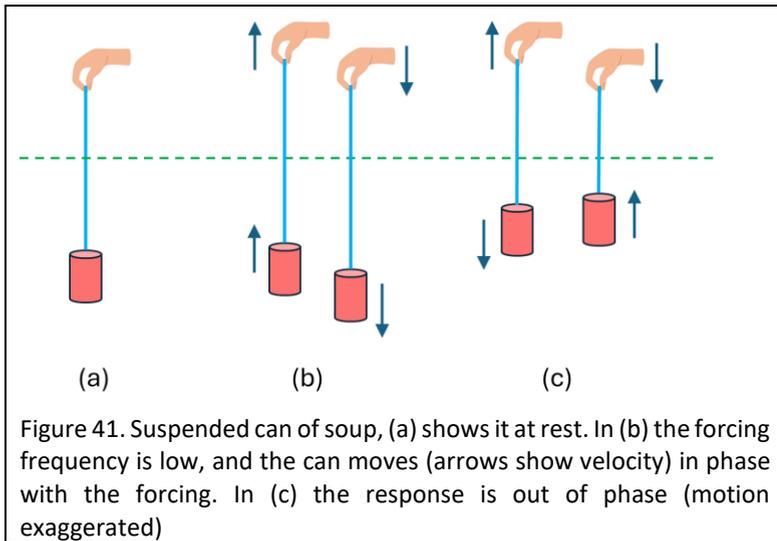
18 and we end up with

$$19 \quad x(t) = A \cos(\omega t - \gamma), \quad (132)$$

20 where we have expressions for A and γ . We have already seen how
21 the amplitude depends on forcing frequency; now we need to plot
22 how the phase γ depends on this, see Fig.40. Note this phase is a
23 phase lag showing that the response motion is delayed from the
24 forcing.



1 The main takeaway here is that the phase increases continually
 2 from 0 to 180° as the forcing frequency increases and is exactly 90°
 3 when the system is forced at its natural frequency. To make this
 4 concrete, consider the behaviour of a can of soup suspended from
 5 a long rubber band held in your hand and forced with a frequency
 6 lower than ω_0 and then with a frequency above ω_0 . If you actually
 7 perform this experiment, try to keep the amplitude of your hand
 8 constant. The results are in Fig.41.



9 You can see for low frequencies, when the hand moves up the can
 10 moves up and *vice-versa*, this is response in phase with the forcing.
 11 For higher frequencies, when the hand moves up the can moves
 12 down, and *vice-versa*, this is out-of-phase response. Note that this
 13 is true irrespective of the amount of damping β . The effect of

1 increasing β is to ‘smooth out’ the rate of change from in-phase to
 2 out-of-phase response.

3 1.9.4 The Force Balance Analysis

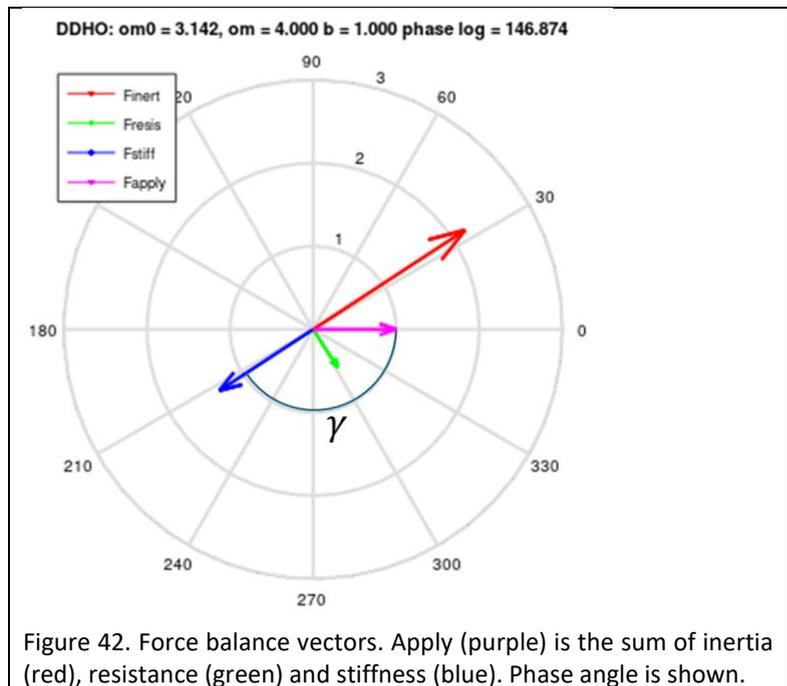
4 Let’s work with this ODE where we make the experimental
 5 coefficients m , k , and b explicit, but remain using complex
 6 numbers.

$$7 \quad m\hat{z} + b\dot{\hat{z}} + k\hat{z} = F_0 e^{i\omega t}, \quad (133)$$

8 where F_0 is the amplitude of the driving force. This ODE expresses
 9 an equality between various forces within the oscillator and the
 10 driving force

$$11 \quad F_{inertia} + F_{resis} + F_{stiff} = F_{apply}. \quad (134)$$

12 The vectors representing these forces are shown on the Argand
 13 diagram in Fig.42 for a particular set of coefficients.



14 The phase angle γ is shown; remember this is the phase difference
 15 by which the oscillator motion (displacement) lags behind the
 16 driving force. We shall consider three special cases where this
 17 ‘force balance’ equation can be simplified, leading to some
 18 approximate solutions for the oscillation displacement.

Chapter 1 Introduction to Oscillations 57

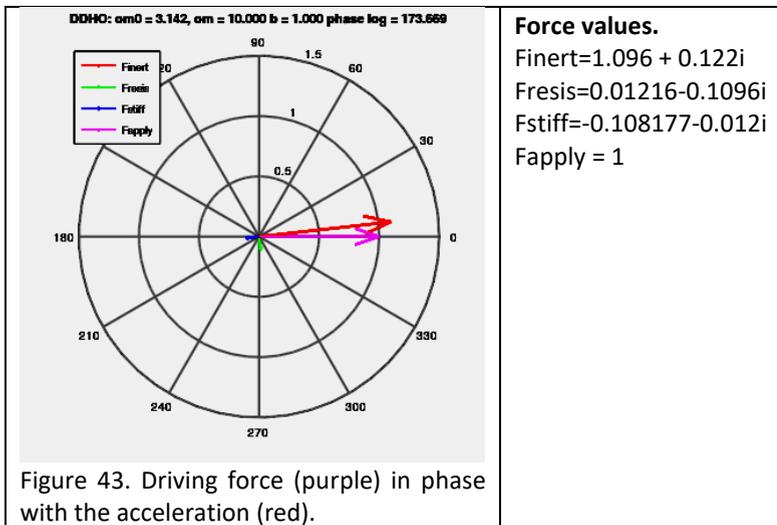
1 Here we consider three special cases, and for each we assume that
 2 damping is relatively small, $\beta \ll \omega$. We shall draw the following
 3 forces on the Argand diagram (i) the exciting force, (ii) the force
 4 provided by the spring, (iii) the damping force, (iv) the force
 5 experienced by the mass.

6 1.9.4.1 Fast Driving

7 Here we consider $\omega \gg \omega_0$. Since the driving frequency ω is high,
 8 the inertia force $F_{inertia}$ will be relatively large (since it is
 9 proportional to ω^2) and we can ignore F_{resis} and F_{stiff} . The force
 10 balance then becomes $F_{inertia} = F_{apply}$ and eq.133 simplifies to

11
$$x(t) = -\frac{(F_0/m)}{\omega^2} \cos \omega t, \quad (xxa)$$

12 and we see that $x(t)$ is small. You can see from the vectors in
 13 Fig.43 that the driving force is in phase with the acceleration,
 14 ($F_{inertia}$) since it provides essentially all of the force. Also, the
 15 driving force and the displacement are out of phase, ($\gamma \approx 180^\circ$)
 16 which gives the minus sign in eq.135. You can see this in the soup-
 17 can sketch Fig.41(c). The force values and the vectors were
 18 calculated for $\omega_0 = \pi$ and $\omega = 10$; we have chosen these values
 19 so the vectors do not overlap.



20

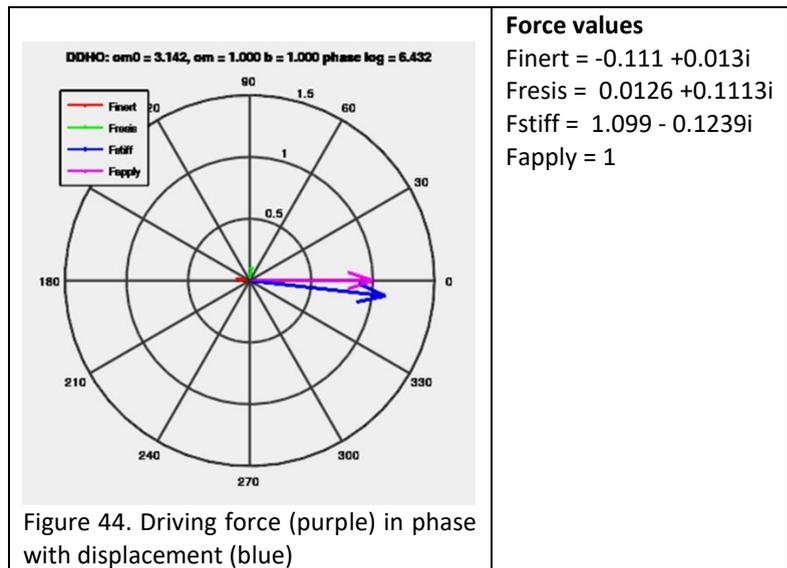
21 1.9.4.2 Slow Driving

22 Here we consider $\omega \ll \omega_0$. Here the acceleration and velocity are
 23 both relatively small, so we can ignore $F_{inertia}$ and F_{resis} and so

1 the force balance becomes $F_{stiff} = F_{apply}$ and eq.133 simplifies
 2 to

3
$$x = \frac{(F_0/m)}{\omega_0^2} \cos \omega t. \quad (136)$$

4 The vector diagram Fig.44 calculated for $\omega_0 = \pi$ and $\omega = 1$ shows
 5 that the driving force is now in phase with the displacement, so the
 6 displacement just follows the force as shown for soup can in
 7 Fig.41(b).



8

9 1.9.4.3 Driving at Resonance

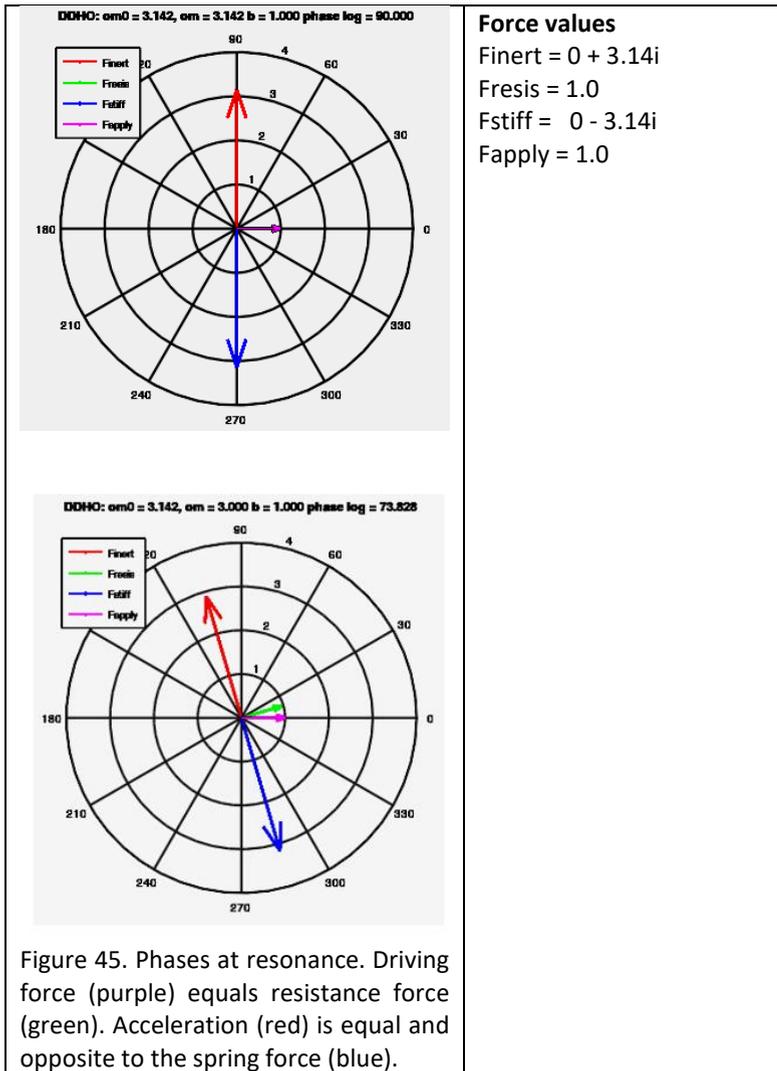
10 Here we consider $\omega = \omega_0$. Looking at the vectors and force values
 11 in Fig.45 we see that $F_{inertia} + F_{stiff} = 0$, so the stiffness and
 12 inertia forces are equal and opposite. The driving force equals the
 13 resistance force, and they are in phase $F_{inertia} + F_{apply}$ and are
 14 90° out of phase with the inertia and stiffness forces. Since these
 15 force-pairs are orthogonal, they do not interact, and so we
 16 effectively have two ‘subsystems’; the spring and mass force each
 17 other just as if they were performing undamped harmonic motion,
 18 and the applied force takes away the damping so this can happen.

19 Simplifying eq.133 we find

20
$$x(t) = \frac{(F_0/m)}{2\beta\omega_0} \sin \omega t, \quad (137)$$

Chapter 1 Introduction to Oscillations 59

1 where the 90° phase shift, we mentioned above is apparent. Since
 2 driving cancels damping, this explains the peak in the amplitude
 3 response curve. Looking at it in another way, the driving force is
 4 in phase with the velocity, (green arrow in Fig.45), and since power
 5 is force times velocity, the input power is largest when force and
 6 velocity are in phase. We shall come onto power shortly.



7
 8

1.9.5 Designing for Resonance

9 We have seen that the amplitude of the response shows a definite
 10 peak when the forcing frequency is close to the natural frequency
 11

1 of the system. It's worth giving this a little more thought. Clearly
 2 the amplitude is a maximum when the denominator of eq.129

$$3 \quad (\omega_0^2 - \omega^2)^2 + 4\beta^2\omega^2 \quad (138)$$

4 is a minimum. How can we arrange this? Well it depends.
 5 Sometimes you need to tune the system (i.e., change ω_0) when the
 6 forcing frequency ω is known, and fixed. An example could be
 7 designing a wave energy convertor which bobs up and down in
 8 ocean waves, which have a typical average frequency. Then the
 9 minimum clearly occurs when you set $\omega_0 = \omega$. So you choose the
 10 equivalent mass and spring constant of the bob. In other situations
 11 ω_0 may be fixed and you need to adjust ω for resonance. One
 12 example is a paint mixer, where a bucket of paint components is
 13 shaken on a table connected with springs. In this case
 14 differentiation shows that you get a resonant peak when

$$15 \quad \omega = \sqrt{\omega_0^2 - 2\beta^2}, \quad (139)$$

16 which is close to ω_0 when damping is relatively small. In any
 17 case, a rough guideline for the maximum amplitude, from eq.129
 18 is

$$19 \quad A_{max} \approx \frac{f_0}{2\beta\omega_0}. \quad (140)$$

20 1.9.6 Difference between DHO and Driven-DHO

21 There are many differences, but here we summarize a few to avoid
 22 confusion since different terms mean different things. **Phase**
 23 **differences**. For a DHO the phase difference between velocity and
 24 displacement depends on the amount of damping. For DDHO this
 25 phase difference is always 90° .

26 1.10 Forced Oscillations - Powers

27 So far, we have viewed driving a damped harmonic oscillator as
 28 providing an exciting *force* and we were interested to see its
 29 response *displacement*. There is another view we can take which is
 30 very useful in two broad areas, (i) general engineering applications,
 31 (ii) electrical and electronic circuits. Here, we are interested in
 32 discussing the *power* supplied to the damped oscillator, and in
 33 particular where it ends up within the system components of spring,
 34 mass, and damping.

Chapter 1 Introduction to Oscillations 61

1 The input power is just the rate of supplying energy to the
2 oscillator; since the work done has the form Fx then the expression
3 for power has the form $P = d(Fx)/dt$ which for a constant force
4 is just $P = Fv$. So now we are interested in the force and *velocity*.
5 You may remember that the power supplied to an electrical circuit
6 has the form $P = VI$ where voltage is analogous to force, and
7 current (which is a flow) is analogous to velocity.

8 1.10.1 The Concepts of Reactance and Impedance

9 Let's start with our ODE in complex form, but using our physical
10 parameters m , k , and b . As mentioned above, we shall focus on
11 *using velocity \hat{z} rather than displacement \hat{x}* as our principal
12 variable. So we would like to reformulate our ODE to link force
13 and velocity. Starting with

$$14 \quad m\hat{z} + b\hat{z} + k\hat{z} = f_0 e^{i\omega t}, \quad (141)$$

15 we know that velocity $\hat{z} = i\omega\hat{x}$ and that acceleration $\hat{z} = i\omega\hat{x}$ so
16 the above equation becomes, writing the r.h.s. as \hat{f}

$$17 \quad \left(im\omega + b + \frac{k}{i\omega} \right) \hat{z} = \hat{f}. \quad (142)$$

18 Denoting the real part of the bracket as R and the complex part as
19 X we have

$$20 \quad R = b, \quad iX = i \left(m\omega - \frac{k}{\omega} \right). \quad (143)$$

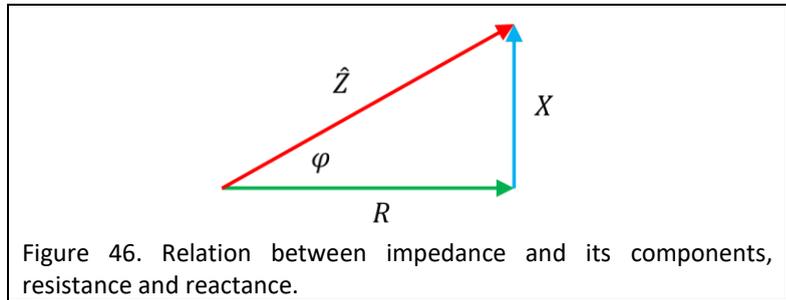
21 So the sum becomes the complex *impedance* \hat{Z} , a term familiar in
22 electricity,

$$23 \quad \hat{Z} = R + iX, \quad (144)$$

24 and we call the components of impedance the *resistance* R and
25 *reactance* X . You must understand that resistance is connected
26 with damping, and reaction with the oscillation. As expected, \hat{Z} is
27 a complex quantity and may be expressed as

$$28 \quad \hat{Z} = |\hat{Z}| e^{i\varphi}, \quad (145)$$

1 where φ is the phase angle between real and imaginary components
 2 of \hat{Z} ⁴. This is shown in Fig.46.



3 The phase angle is given by

$$4 \quad \varphi = \tan^{-1} \frac{X}{R}. \quad (146)$$

5 From eq.142 and eq.144 we obtain our desired relation between
 6 force and velocity as

$$7 \quad \hat{f} = \hat{Z}\hat{u}, \quad (147)$$

8 where we will use symbol \hat{u} for the complex response velocity.

9 Now let us consider the balance of forces within our oscillator. The
 10 ODE eq.141 can be interpreted as a statement of this force balance

$$11 \quad F_{Inertia} + F_{damp} + F_{spring} = F_{applied},$$

$$12 \quad m\hat{a} + b\hat{u} + k\hat{z} = \hat{F} = \hat{Z}\hat{u}, \quad (148)$$

13 or, in terms of \hat{u}

$$14 \quad (mi\omega)\hat{u} + b\hat{u} + \left(\frac{k}{i\omega}\right)\hat{u} = \hat{Z}\hat{u} \quad (xx)$$

$$15 \quad X = (m\omega) - \left(\frac{k}{\omega}\right) \quad R$$

,(149)

14 where we show which terms lead to the reactance and resistance to
 15 give the impedance $\hat{Z} = iX + R$.

⁴ This is not the same as all previous uses of this symbol to represent phase (we ran out of good symbols). This is a different phase!

Chapter 1 Introduction to Oscillations 63

1 An example is given in Fig.47 for parameters $m = 1\text{kg}$, $k =$
 2 9.87N/m , $b = 1\text{kg/s}$ and forcing frequency $\omega = 4$. The direction of
 3 the applied force is indicated to provide a reference point for this
 4 and subsequent vector plots.

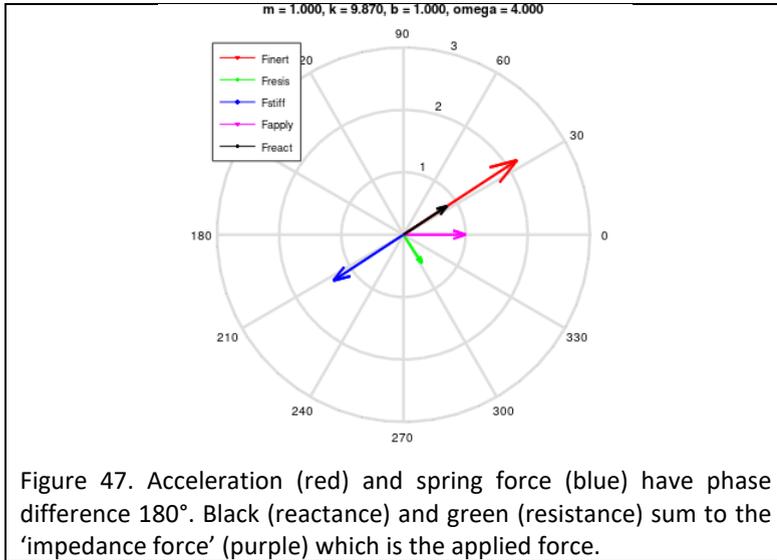


Figure 47. Acceleration (red) and spring force (blue) have phase difference 180° . Black (reactance) and green (resistance) sum to the 'impedance force' (purple) which is the applied force.

5 Check that you understand that the inertia force $m\hat{a}$ and the spring
 6 force $k\hat{z}$ have a phase difference of 180° . You can see that from
 7 the expression for reactance in eq.149 where they have opposite
 8 signs. Or you could argue from the ODE that $m\hat{a} = -k\hat{z}$, or using
 9 complex numbers that $\hat{u} = i\omega\hat{z}$ and $\hat{a} = i\omega\hat{u}$ hence $\hat{a} = -\omega^2\hat{z}$.

10 Note also the triad of green, black and magenta vectors which
 11 represent, respectively, the resistance force $R\hat{u}$ and the reactance
 12 force $iX\hat{u}$ which sum to give the 'impedance force' kZ which is of
 13 course the applied force \hat{F} .

14 1.10.2 Power Delivered and Consumed by the DHO

15 Here we shall make a distinction between the power *delivered* to
 16 the oscillator which will have the form $P = Fv$ (like $P = VI$ for an
 17 electrical circuit) and the power *consumed* by the oscillator (by its
 18 damping) which will have the form $P = Ru^2$ (like $P = RI^2$ for an
 19 electrical circuit).

20 Let's start with the power *delivered* to our oscillator. Power is a
 21 real quantity and given a complex driving force and response
 22 velocity then we must calculate

$$23 \quad P(t) = \text{Re}\{\hat{f}\} \cdot \text{Re}\{\hat{u}\}. \quad (150)$$

1 Using complex conjugates to get both real terms on the right we
2 have

$$3 \quad P(t) = \left(\frac{1}{2}\hat{f}e^{i\omega t} + \frac{1}{2}\hat{f}^*e^{-i\omega t}\right)\left(\frac{1}{2}\hat{u}e^{i\omega t} + \frac{1}{2}\hat{u}^*e^{-i\omega t}\right). \quad (151)$$

4 Note we have used a complex force and velocity amplitudes to
5 contain any phase difference between force and velocity.
6 Expanding, we get

$$7 \quad P(t) = \frac{1}{4}(\hat{f}\hat{u}^* + \hat{f}^*\hat{u}) + \frac{1}{4}(\hat{f}\hat{u}e^{2i\omega t} + \hat{f}^*\hat{u}^*e^{-2i\omega t}). \quad (152)$$

8 This may look a little daunting at first but look for the symmetries
9 and you will see it becomes interesting. The last two terms are
10 complex conjugates, so represent a real harmonic oscillation with
11 frequency 2ω , so their average over one period of oscillation is
12 zero. Hence the delivered time average is

$$13 \quad \overline{P(t)} = \frac{1}{4}\hat{f}\hat{u}^* + cc = \frac{1}{2}\text{Re}\{\hat{f}\hat{u}^*\} \quad (153)$$

14 Using the relation $\hat{f} = Z\hat{u}$ to replace \hat{u}^* we have

$$15 \quad \overline{P(t)} = \frac{1}{2}\text{Re}\left\{\hat{f}\frac{\hat{f}^*}{Z^*}\right\} = \frac{1}{2}\text{Re}\left\{Z\frac{\hat{f}\hat{f}^*}{Z\hat{Z}^*}\right\} = \frac{1}{2}\text{Re}\{Z\}\frac{|\hat{f}|^2}{|Z|^2}$$

$$16 \quad = \frac{1}{2}\frac{R}{R^2 + X^2}|\hat{f}|^2 \quad (154)$$

17 Keep this expression in mind for the moment, since we are about
18 to see it again.

19 Now let's derive an expression for the power *consumed* by the
20 damping. This is

$$21 \quad P_{damp} = Ru^2 = R\left(\frac{1}{2}\hat{u}e^{i\omega t} + \frac{1}{2}\hat{u}^*e^{-i\omega t}\right)^2$$

$$22 \quad = \frac{1}{4}(2\hat{u}\hat{u}^* + \hat{u}^2e^{2i\omega t} + \hat{u}^{*2}e^{-2i\omega t}), \quad (155)$$

23 where the last two terms are harmonic motion with frequency 2ω ,
24 so their average over one period of oscillation is zero, so the time
25 average *consumed* power is

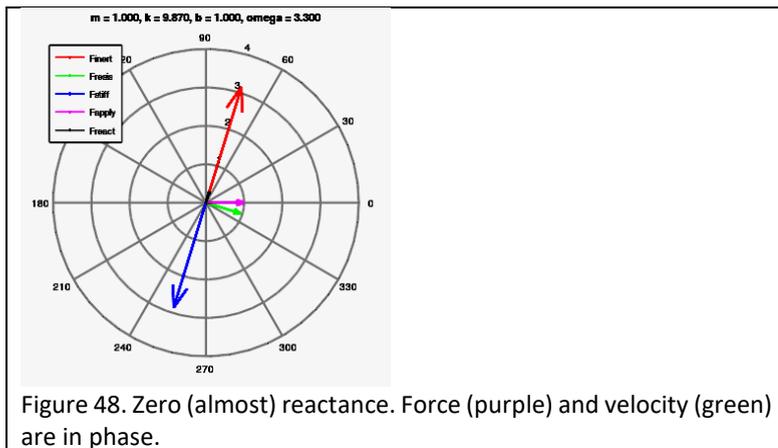
$$26 \quad \overline{P_{damp}(t)} = \frac{1}{2}R\hat{u}\hat{u}^* = \frac{1}{2}R\frac{\hat{f}\hat{f}^*}{Z\hat{Z}^*} = \frac{1}{2}\frac{R}{R^2 + X^2}|\hat{f}|^2 \quad (156)$$

Chapter 1 Introduction to Oscillations 65

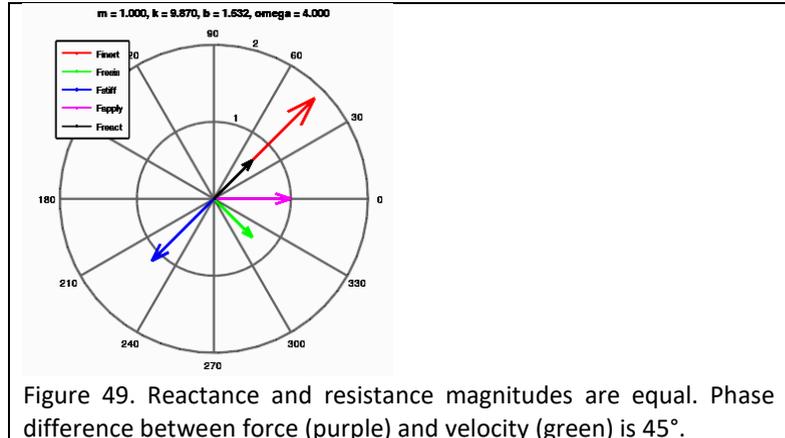
1 which is the same as the delivered power eq.154; it has to be. How
 2 could we *design* a system so that these powers are maximal? We
 3 have two variables X and R which we are free to choose. Since the
 4 reactance X appears only in the denominator, then it makes sense
 5 to consider $X = 0$. What does this mean for the constituent
 6 components of X (m and k)? Well from eq.149 we see that the
 7 condition

$$8 \quad \omega^2 = k/m \quad (157)$$

9 will do the trick. The maximum power is then $|\hat{f}|^2/2R$. The
 10 associated vector diagram is shown in Fig.48 (well, close to
 11 resonance so we can see all the arrows). The consequence of setting
 12 reactance to zero is that the force and velocity arrows are in phase,
 13 so that the force is doing the maximum amount of work on the
 14 oscillator, so its amplitude is largest.



15 Of course, this choice implies that we are able to specify the value
 16 of either m or k in our *engineering design*. This may not be
 17 possible; instead we may only be able to specify the size of R .
 18 Finding the maximum power while varying R , we find the
 19 condition that $R = X$ and then the maximum power becomes
 20 $|\hat{f}|^2/4R$, half what we could achieve by varying X . In this case, the
 21 vector diagram appears in Fig.49 where the phase between force
 22 and velocity is 45° .



1 In addition to these average powers, there are fluctuations in the
 2 delivered and consumed power, and the difference will not be zero,
 3 so some power is stored in the oscillating system.

4 So let's look at power flow over a *single cycle* of excitation. First
 5 let's look at the *delivered* power. We take eq.152 and insert the
 6 average power for the first two terms, so we now are considering
 7 the terms with frequency 2ω which we excluded from our
 8 averaging.

$$9 \quad P(t) = \overline{P(t)} + \left(\frac{1}{4}\hat{f}\hat{u}e^{2i\omega t} + cc\right)$$

$$10 \quad = \overline{P(t)} + \frac{1}{2}|\hat{f}\hat{u}|\cos(2\omega t - \varphi). \quad (158)$$

11 Likewise, we have for the *consumed* power

$$12 \quad P_{damp}(t) = \overline{P_{damp}(t)} + \left(\frac{1}{4}R\hat{u}^2e^{2i\omega t} + cc\right)$$

$$13 \quad = \frac{1}{4}R|\hat{u}|^2\cos(2\omega t - 2\varphi), \quad (159)$$

14 and as expected the delivered and consumed power have a different
 15 time variation during one cycle; the consumed power has double
 16 the phase shift of the delivered power. Why exactly is this? Well,
 17 the delivered power used is

$$18 \quad \hat{f}\hat{u} = f_0u_0e^{-i\varphi}, \quad (160)$$

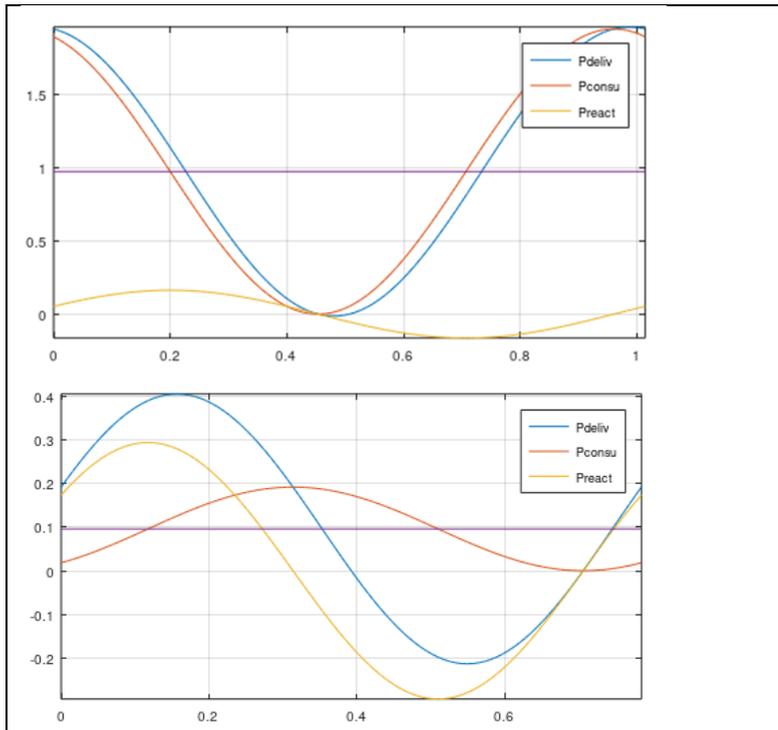
19 and the consumed power used is

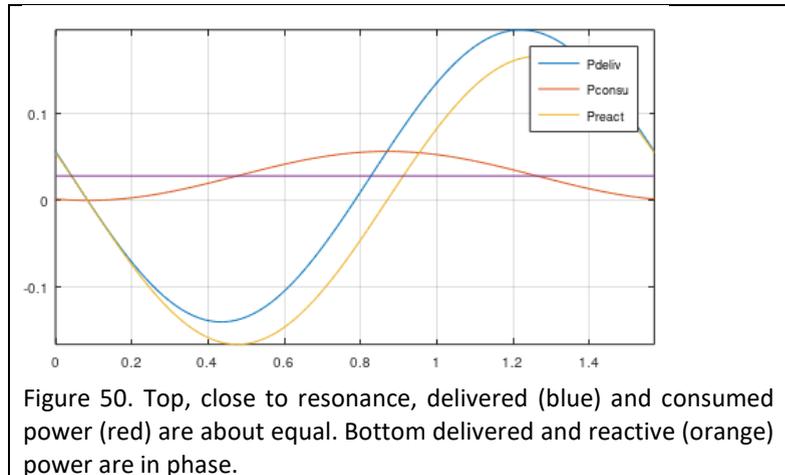
$$20 \quad \hat{u}\hat{u} = u_0e^{-i\varphi}u_0e^{-i\varphi} = u_0^2e^{-2i\varphi}, \quad (161)$$

Chapter 1 Introduction to Oscillations 67

1 so there's that factor 2. Remember the phase shift φ is established
2 by the ratio of X to R .

3 Some understanding of power flow can be gleaned from plots of
4 delivered and consumed powers over a single cycle. Fig.50(a)
5 shows a plot for $\omega = 3.1$ and $b = 0.5$, so X is small as is the phase
6 φ . So we are close to resonance. As expected, the plot shows
7 delivered and consumed power are about equal and close to being
8 in-phase, and there is very little reactive power. So power is being
9 used to fight damping. Also shown is above resonance Fig.50(b)
10 and below resonance Fig.50(c) where delivered and reactive power
11 are in phase, with converted power at 90° phase and relatively
12 small. Here, a significant part of the delivered power is used in
13 making the system oscillate at a frequency which it does not like to
14 oscillate at, (it prefers its natural frequency).





1

2 1.11 Some Examples

3 1.11.1 Mass suspended from a Rubber Band

4 You might find the above heading somewhat amusing since we do
 5 not often see rubber springs in the world around us, or at least we
 6 do not recognize them. Note we are talking about *solid rubber*
 7 springs, not rubber being used as a container as in the case of air
 8 springs which are familiar to us. We know that rubber is *compliant*,
 9 and we make use of flexible rubber hoses, e.g., connecting parts of
 10 our vehicle cooling system, or as ‘bushes’ between steering or
 11 suspension components. Here their compliance helps them to take
 12 up the slack. Also rubber has great potential to absorb vibrations
 13 and is used with great effect in vibration analyzers; but here it is
 14 not their ‘stiffness’ which is important but their ‘visco-elastic’
 15 properties which make them absorb. But what about real rubber
 16 springs? They are all around us; a good example is in train bogies
 17 that support carriages, see Fig.51 Such springs are able to support
 18 large loads while ensuring smooth rides.



Figure 51. **Get others and permissions from Continental**

1 One reason we are studying rubber springs, is that their force-
 2 extension graph is very different from a metal coil spring which
 3 obeys Hooke's Law, where deflexion is proportional to force '*Ut*
 4 *tension, sic vis*'. This relationship is shown diagrammatically in
 5 Fig.52 where there are two clear regions of behaviour.

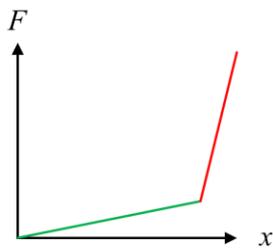


Figure 52. Model of rubber band elasticity. Initial region (green) is not so stiff, final region (red) is very stiff.

6 Say we perform an experiment where we extend a rubber band
 7 spring from zero upwards. At first the force required (or measured)
 8 increases quite slowly (green line), but at a certain point, the rate
 9 of increase shows a dramatic increase (red line). Since the gradient
 10 of the force-extension curve is the spring stiffness k then the rubber
 11 band spring has suddenly got much stiffer. How could this happen?
 12 Well, consider the molecular structure of a rubber band. Sitting on
 13 your desk it comprises many long chains of rubber molecules, all
 14 intertwined and mixed up. So when you first stretch a rubber band,
 15 you are *uncoiling* these chains which is relatively easy. This takes
 16 energy which requires a force as you extend. Suddenly, all the
 17 chains are uncoiled, but you keep stretching. So now you are
 18 stretching the inter-molecular bonds which are very stiff. So the
 19 stiffness dramatically increases.

1 We wish to model a system comprising a mass attached to a rubber
 2 band, Fig.53. The following notes are an overview, see Chapter XX
 3 for a detailed discussion.

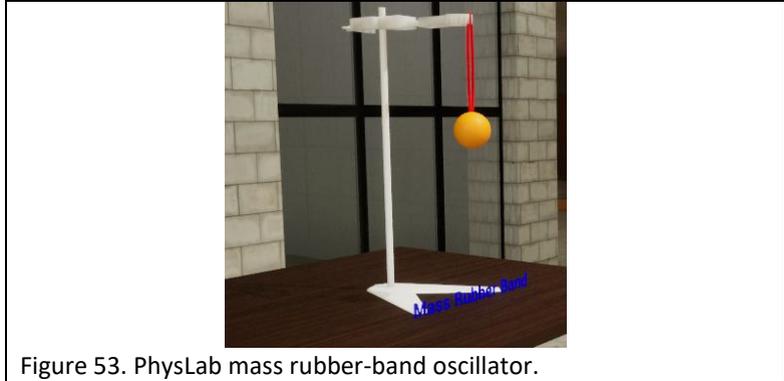


Figure 53. PhysLab mass rubber-band oscillator.

4 To create our model, we need to set up an equation of motion which
 5 will take the form

$$6 \quad m\ddot{z} = F(z) - v\dot{z} - mg, \quad (163)$$

7 which is familiar, but we must model the non-linear behaviour of
 8 the rubber band through the function $F(z)$ rather than our usual
 9 linear term $-kz$.

10 We are free to choose the details of $F(z)$ as long as it reproduces
 11 the behaviour shown in Fig.52. The initial green segment is linear,
 12 so for this part we choose a linear term $-kz$. For the red segment
 13 we need a function which rises rapidly with z , so we choose a term
 14 $-kz^n$. This will give us a function for *extension* of the rubber band.
 15 For *compression* there is no stretch of molecular bonds, so we do
 16 not need this second term. So our actual function has the form

$$17 \quad F(z) = -kz - \alpha k^9 \quad z < 0$$

$$18 \quad = -kz \quad z > 0. \quad (164)$$

19 Note that we have chosen $n = 9$, and also the z -axis is oriented
 20 upwards, so, loading the rubber band with a mass, produces a
 21 negative z .

22 This function is shown in Fig.54 together with the equivalent
 23 potential $V(z)$. Both graphs show the *asymmetry* of the model we
 24 have set up. When the rubber band is extended, then it shows non-
 25 linear behaviour and when it is compressed, it behaves like a
 26 familiar metal spring. Let's look for the equilibrium position of the

Chapter 1 Introduction to Oscillations 71

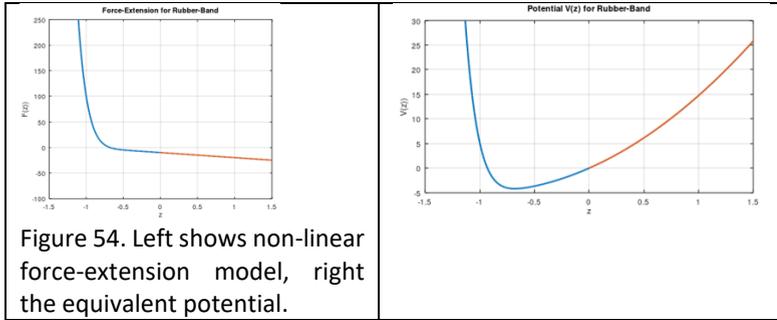


Figure 54. Left shows non-linear force-extension model, right the equivalent potential.

1 mass-rubber band oscillator in these graphs; this is the value of z
 2 where the force is zero and the potential has a minimum and it turns
 3 out to be around $-0.684m$ for this example. Now let's consider
 4 oscillations around this point; we know that they will be close to
 5 harmonic. Fig.55 shows the position and velocity traces; we see
 6 sine wave traces and a circular orbit; we have harmonic motion!

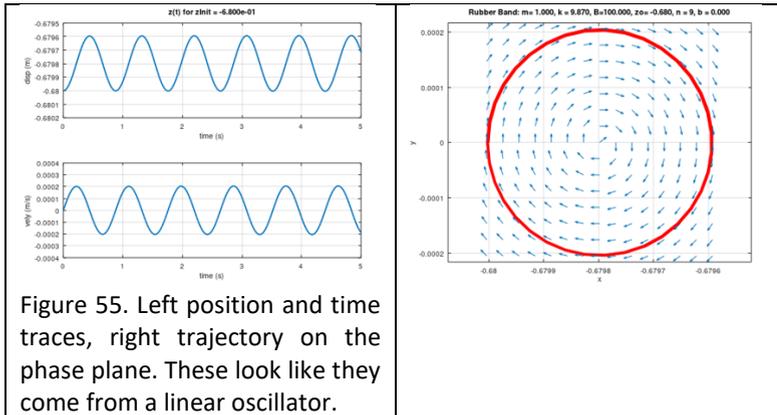


Figure 55. Left position and time traces, right trajectory on the phase plane. These look like they come from a linear oscillator.

7 Now let's look at a trajectory away from the $z = 0.5$ and we see
 8 completely different behaviour. The phase plane is not circular,
 9 which tells us we do not have harmonic motion. This is confirmed
 10 by the $z(t)$ graph, which is clearly non-sinusoidal, Fig.56. Let's
 11 think about this.

12 This plot tells us a lot. The tops look rather sinusoidal, but the
 13 bottoms are narrowed, peaked. This reflects the non-linearity at
 14 work; near the top we have compression, and the force is linear,
 15 near the bottom we have extension, and the force is non-linear.

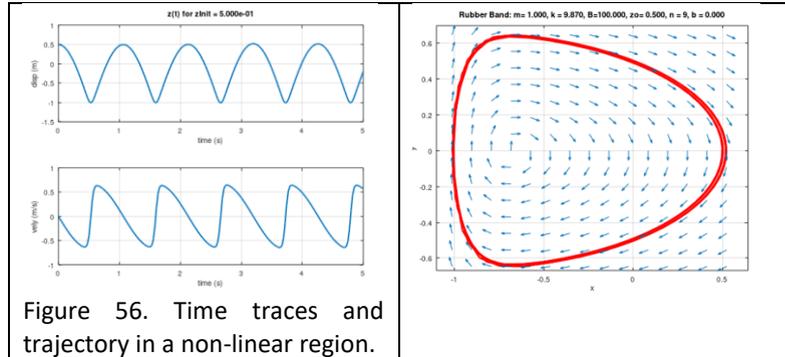


Figure 56. Time traces and trajectory in a non-linear region.

1 The phase plane also betrays this distinction; at the right we have a
 2 more ‘circular’ curve while at the left it is squished with a larger
 3 vertical component.

4 Now let’s estimate the frequency of small-amplitude oscillations
 5 near the equilibrium point, using eq.54 and with
 6 $dF(z)/dz = -k - 9\alpha z_{Equ}^8$ using the value $z_{Equ} = -0.684$ we
 7 find this gives us a period of $T = 0.86$ sec.

8 We can numerically compute the periods of large-amplitude
 9 oscillations using the ‘energy method’, shown in [section??](#). Here is
 10 a table of numerical results

initZ	T
1.5	1.07
1.0	1.07
0.5	1.06
0.0	1.04
-0.68	0.88

11 There are a number of interesting things here. First, we see that the
 12 value for -0.68 has a period which agrees with our approximation
 13 for small-amplitude oscillations, 0.86 sec. Then for large initial
 14 displacements, the period is pretty constant at 2.07 sec, and is
 15 approximately half of the period of a quadratic potential, $T =$
 16 $2\pi\sqrt{m/k} = 2.00$ sec. So we have support for our assertion in
 17 section 1.5.4.

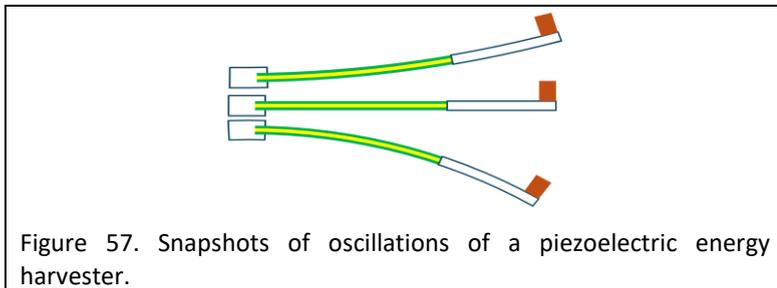
18 There is also another important point here concerning the
 19 *amplitude* of oscillations, as defined by half the value of maximum
 20 and minimum displacements. This actually has little relevance to
 21 such a non-linear oscillator, especially when we are using the
 22 energy approach to estimate the periods. The values in Table.1 used
 23 the initial displacement as the independent variable to characterize

1 an oscillation trajectory. This has much more physical sense here
 2 than the formal amplitude since it is directly related to the system
 3 energy.

4 1.11.2 A Piezoelectric Energy Harvester

5 As we potentially move towards the ‘Internet of Things’ consisting
 6 of small remote wireless-connected devices such as light switches,
 7 thermometers and intrusion sensors, a problem emerges, how to
 8 power them? A typical home will probably contain a hundred or so
 9 devices, so to power them by batteries would become inconvenient.
 10 We need an alternative way of localized power. Localized power
 11 is in itself interesting since it may lead to electrical installation
 12 savings. If all of our light switches communicated by radio signals
 13 with a central controller, then there would be no need for hundreds
 14 of metres of copper wire connected to those switches.

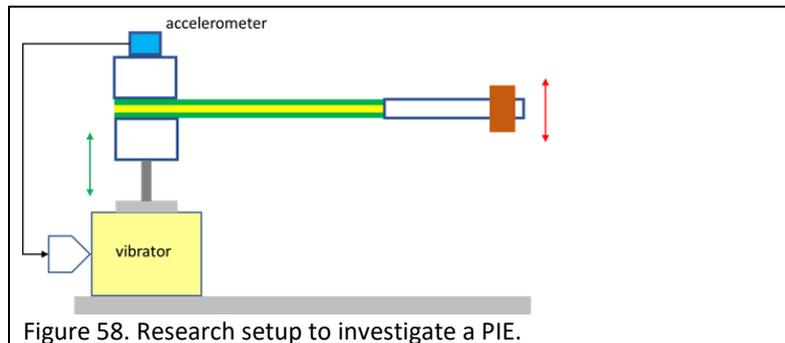
15 One interesting device currently in research and development uses
 16 a *piezoelectric* strip, a thin semiconductor sandwich which
 17 produces several volts of output when the end moves by a few mm
 18 and the strip bends. As shown in Fig.57 one end of the strip is fixed
 19 to some structure, and the other end supports a mass which is free
 20 to move.



21
 22 The strip has a certain stiffness, so our system is like a mass on a
 23 spring with one end of the spring forced. Yep, this is forced
 24 harmonic motion! The system will have a natural frequency of
 25 oscillation, so when the excitation frequency is close to this, we
 26 expect resonance; the mass will have a large oscillation amplitude.
 27 The strip will then have a large amount of bending and produce a
 28 large voltage.

29 A typical research laboratory setup is shown in Fig.58 which we
 30 have simulated in PhysLab. An electromagnetic vibrator drives one
 31 end of the strip; some electronics ensures that the acceleration of

1 the end always has an amplitude 1g. The mass is free to oscillate,
 2 and the voltage generated is measured.



3 How do we set up the equation of motion for this system which
 4 will tell us how the output voltage (and therefore delivered power)
 5 varies with time? We must start with the *cause* of the voltage which
 6 comes from the bending of the strip, and the simplest model of this
 7 bending is a spring, where the restoring force is proportional to the
 8 displacement of the mass. We must also include damping, and we
 9 have stated that the amplitude of the excitation is 1g. This leads to
 10 the equation of motion

$$11 \quad \ddot{z} = -\frac{k}{m}z - \frac{b}{m}\dot{z} + g \cos \omega t. \quad (165)$$

12 From eq.129 we know that the amplitude of the steady-state
 13 response to the forcing is just

$$14 \quad A(\omega) = \frac{g}{\sqrt{(\omega_0^2 - \omega^2)^2 + 4\beta^2\omega^2}}, \quad (166)$$

15 where $\beta = b/2m$. This is a straightforward application of our
 16 theory. Let's discuss an actual example of a possible research
 17 project to design an energy harvester.

18

Example ?? The frequencies of ambient vibrations such as household equipment, cars, buildings and humans are usually less than 100Hz. We wish to design a system with a natural frequency in this range. Given the constraints of fabricating a realistic device, we choose a mass $m = 9.62 \times 10^{-4}$ kg and stiffness $k = 25.8$ N/m. Experiments give a damping coefficient $b = 6.3 \times 10^{-3}$ kg/s. With these values, you can confirm that the resonant frequency is $f = (1/2\pi)\sqrt{k/m}$ which is 26Hz. So far so good.

From eq.?? we find the amplitude of oscillation when we excite at resonance is ?? For our device, experiment shows that the generated voltage is related to amplitude by a factor 156.25, so the voltage produced is ?? and if connected to a 50kOhm resistor produces a power ?? While this may seem low, it is enough to power a small sensor and transmitter.

But we also have to consider the frequency response curve of this device, which we can plot from eq?? We can see this is quite sharp [something about bandwidth here]. So this is a limitation; our device is so accurately tuned to ??Hz, that it will not respond to (and harvest) other frequencies present in the ambient vibration range of up to 100Hz. We shall address this in the next section.

1

2 1.11.3 A Multi-Piezoelectric Energy Harvester

3 We know that ambient vibrations have frequencies up to 100Hz,
 4 but our (motivated) design presented in Example?? had a relatively
 5 small *bandwidth* and was therefore able to extract just a small
 6 proportion of the power available. How can we improve on this?
 7 One obvious approach (which is being researched) is to design a
 8 system with multiple strips, with different resonant frequencies
 9 which together cover the range up to 100Hz.

10 We can easily do this by changing the mass attached to each strip,
 11 see Fig.59 So our exemplar device is shown at the bottom with a
 12 resonant frequency of ?? Moving upwards, the mass is decreased
 13 so the resonant frequency increases. You can see how, with careful
 14 choice of masses, we can design a system which might be able to
 15 get from ??Hz to 100Hz.

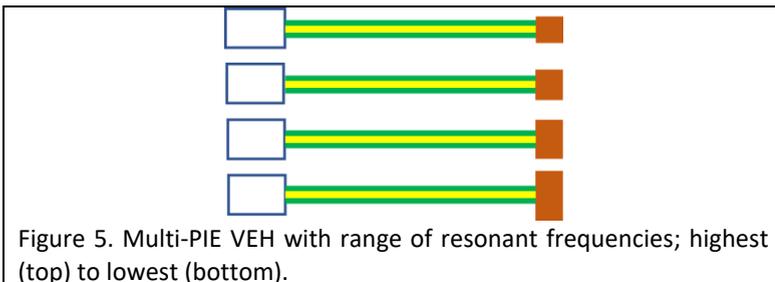
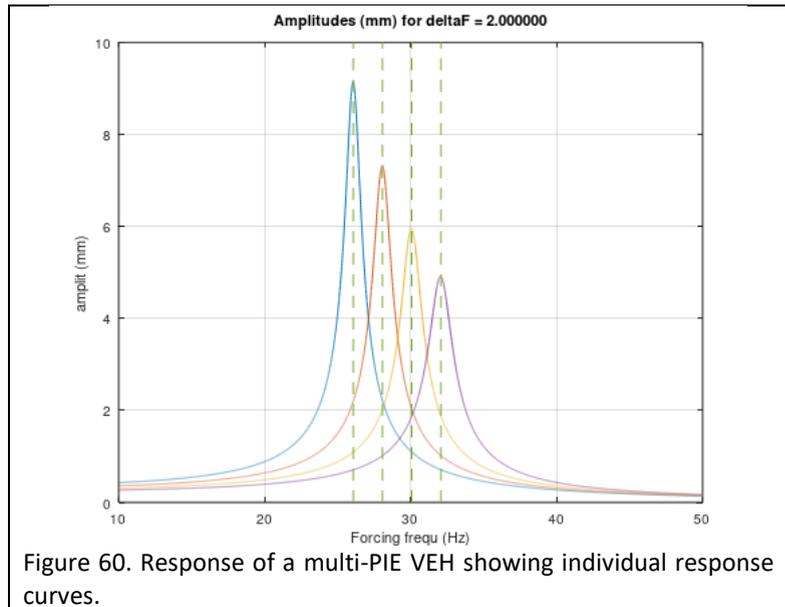


Figure 5. Multi-PIE VEH with range of resonant frequencies; highest (top) to lowest (bottom).

16 Let's look at the results of such a system design and then explore
 17 how we have designed it. Figure.60 shows the frequency response
 18 of a four-strip device where the amplitudes of each strip are plotted;
 19 vertical dashed lines show the designed resonant frequencies.

1 Our single PIE device is shown by the blue (leftmost) curve. Let's
 2 compare the single and multi-PIE devices by looking at the
 3 frequencies which yield an amplitude of 4mm. The single device
 4 has a response range of around 25-27 Hz and the multi device has
 5 a response range of around 25 – 32Hz. So there is a dramatic
 6 improvement, so we have an *engineering* success!



7 Now let us think about this physics expressed in Fig.60. Suppose
 8 we have our four devices, and we excited them together starting
 9 with a frequency of 20 Hz and steadily increased this up to say
 10 40Hz. What would we see if we *directly observed* the apparatus?
 11 Well, we follow the plots. At 20Hz most elements do not vibrate a
 12 lot, but when we hit 26Hz the first element is really vibrating.
 13 Moving upwards in frequency this element vibrates less, then the
 14 second starts to increase and dominates the system movement at
 15 28Hz. Moving upwards the second element starts to decrease and
 16 the third takes on the baton and dominates at 30Hz. You get the
 17 idea; each element has its own resonant frequency and so extracts
 18 energy from the ambient energy where it can.

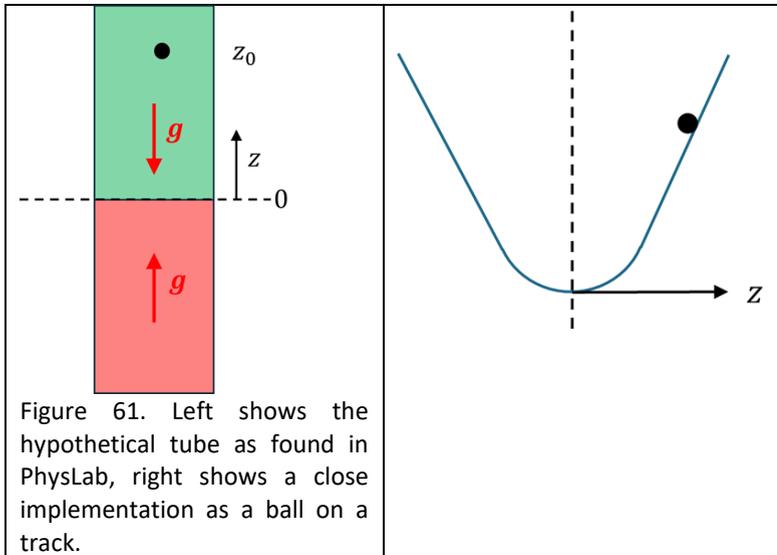
19 In terms of the mathematics and ODE formulation, there is little to
 20 add here; each element will obey its own eq.165 and eq.166.

21 1.11.4 The 'Gravity Tube'

22 This is a hypothetical experiment where a mass is dropped into a
 23 'gravity tube' which has two halves; in the top half gravity is

Chapter 1 Introduction to Oscillations 77

1 pointing down (as usual) but in the bottom half gravity is pointing
 2 upwards. This is sketched in Fig.61 where a possible approximate
 3 piece of physical apparatus is shown.



4 The magnitude of both gravity vectors is identical, and we assume
 5 that there is no friction. There is clearly a *discontinuity* where the
 6 tubes meet. The apparatus consists of a ball rolling along a track
 7 which rises linearly with displacement on both sides of $z = 0$; the
 8 tracks are joined smoothly by a short, curved segment to remove
 9 any discontinuous join.

10 To understand the dynamics of this system, we do not look for an
 11 equation of motion expressed as an ODE due to the discontinuity;
 12 in fact, we don't have to, since we can apply the equations of
 13 kinematics directly. To find the time t taken for the mass to fall
 14 from its initial displacement to the boundary at $z = 0$ we have

$$15 \quad z_0 = \frac{1}{2}gt^2 \quad \Rightarrow \quad t = \sqrt{\frac{2z_0}{g}}. \quad (167)$$

16 By symmetry, the time taken in the lower half from the boundary
 17 to the rest position is the same, therefore the period of oscillation
 18 (from starting point back up to starting point) is just

$$19 \quad T = 4\sqrt{\frac{2z_0}{g}}. \quad (168)$$

1 For a typical experiment with a starting displacement of 2m, with
 2 the usual value of gravity, we find a period of 2.55 seconds.

3 The importance of studying the gravity tube is that it provides us
 4 with an oscillator which is **not** harmonic; as you can see from eq.??
 5 the period depends on the ‘amplitude’ of oscillations, here the
 6 starting value z_0 . If we solve eq.168 as a function of time for the
 7 position of the mass, in the top half, we have

$$8 \quad z(t) = z_0 - \frac{1}{2}gt^2, \quad (169)$$

9 which describes a parabola. So we expect the oscillation time-trace
 10 to be a series of connected parabola, see Fig.62. From eq.169 we
 11 have an expression for the velocity

$$12 \quad v(t) = -gt, \quad v(0) = 0, \quad (xx)$$

13 where the velocity time-trace is a series of straight lines. Eqs.169
 14 and 170 are clearly very different from the equations of simple
 15 harmonic motion which have the form $z(t) = A \sin(2\pi t/T)$ and
 16 $v(t) = -(2\pi/T) \cos(2\pi t/T)$.

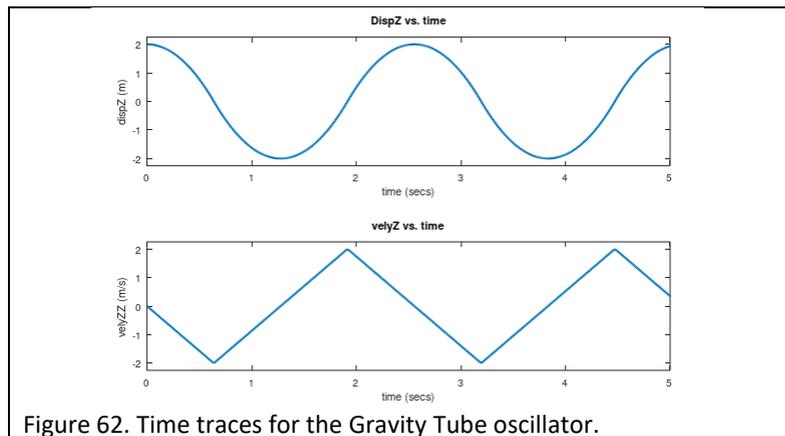


Figure 62. Time traces for the Gravity Tube oscillator.

17 The first (negative) velocity peak occurs at time $t = \sqrt{2z_0/g}$. We
 18 have rescaled velocity $v' = v/\sqrt{g}$, to make the phase plane more
 19 ‘circular’, so the value of this first velocity peak is

$$20 \quad v'_{peak} = \frac{-gt}{\sqrt{g}} = -\sqrt{g} \sqrt{\frac{2z_0}{g}} = -\sqrt{2z_0}. \quad (171)$$

21 We note discontinuities in the velocity trace which are harder to
 22 spot in the displacement trace, but they are very visible in the phase

1 plane, Fig.63 This shows smooth changes in z and v except at $z =$
 2 0 where the displacement changes in sign. Changes in the sign of
 3 the velocity occur at displacement extrema (top and bottom of the
 4 combined tube), and these are continuous.

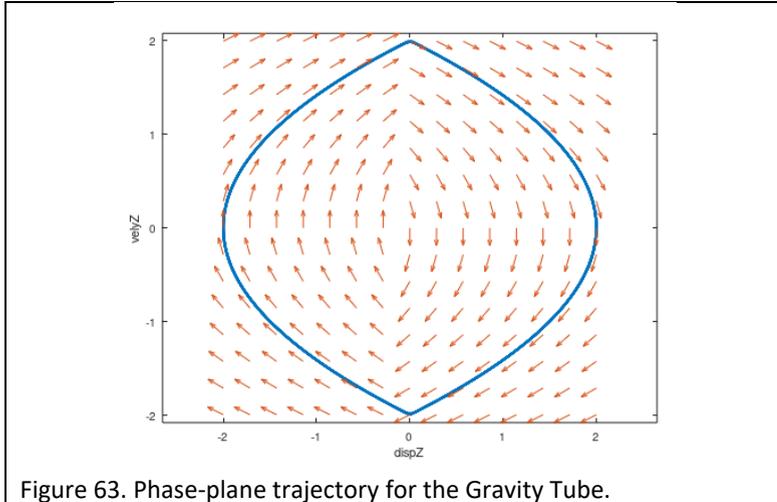


Figure 63. Phase-plane trajectory for the Gravity Tube.

5 In the above analysis we have taken the initial conditions as (i) an
 6 initial displacement, (ii) zero velocity. Two ICs are required since
 7 this is a 2nd-order dynamical system. Here we look at the
 8 complementary ICs where we have zero initial displacement but an
 9 initial velocity v_{init} , see Fig.64

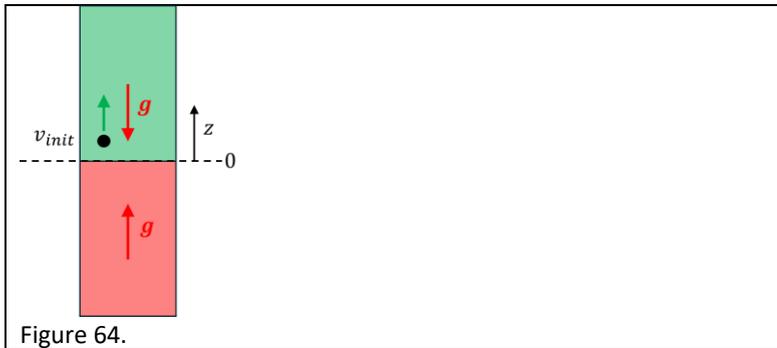


Figure 64.

10 To understand this situation, we use the initial velocity to calculate
 11 the height of the mass when it has stopped, then we have the
 12 previous situation. Using energies

13
$$\frac{1}{2}mv_{init}^2 = mgz \quad \Rightarrow \quad z = \frac{v_{init}^2}{2g}, \quad (xx)$$

14 which, using eq.168 gives us

$$1 \quad T = 4 \frac{v_{init}}{g}, \quad (xx)$$

- 2 so we find the period is proportional to the initial velocity. This is
3 a nice clean result.